Hometown News from Warren, Liberty Center, & Van Buren

Friday, April 16, 2010

Volume 25, Number 10



Small Cown ... Big Heart! www.warrenindiana.com



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Your <u>Hometown News</u>paper

www.smalltownpapers.com

PO Box 695, Warren IN 46792 • 260/375-3531 • Fax 260/375-7007 • email: wwkly@citznet.com *Thought for the Week:* Retribution often means that we eventually do to ourselves what we have done unto others. ^{Eric Hoffer}

GYM CLOSED

Knight Bergman Civic Center Gym is closed for walking. Spring is here and walking in the fresh air is good. Thanks for using the gym this winter, it will reopen in the fall. Have a good summer.

SHOT GUN CHANGE

Wells County 4-H Shot Gun sign up on April 17th should be 9 – 11 AM not 2- 4 PM. In last week's paper the time was listed wrong.

JAGUARS TO MEET

Jackson Jaguars 4-H Club will meet April 22nd 6:30-8:00 at McNatt Church. Business will include finalizing details for community service project and fund raising will be discussed. New topics of interest will include upcoming 4-H events and deadlines as well as club tshirts. The meeting schedule for the rest of summer will also be available. Reminder also dues will remain \$5.00 and can be paid at next meeting. Program and recreation will be by Justin Gifford and Sarah Jones. Wyatt Korporal and family will provide refreshments. We will also clean roadside in effort to commemorate Earth Day.

SWNS PIZZA

Small World Nursery School will be holding a fundraiser event at East of Chicago Pizza Tuesday April 20th from 5-8 pm. Please join us for a great night of fellowship and food while supporting our school! Small World is a non-profit pre-school which has been serving the families of Warren and the surrounding community for over 30 years. The Small World Nursery School prides itself in providing a fun, yet structured learning and social environment to promote emotional, physical, intellectual and spiritual growth to children.

The board members will be serving at the restaurant for the evening, where we will earn a portion of each buffet sold and all tips/donations!! Join the ladies for an evening out of the kitchen and support a great organization at the same time. Also on display at East of Chicago that night will be the students quilt, which is being given away through a raffle! The students designed the squares and they did a fantastic job. Raffle tickets will be available that night.

NOTES FROM THE BASEMENT

Friday, April 16th and Saturday, April 17th will be our Spring/ Summer opening weekend! Come early and come often to find the best bargains. We have restocked the racks with shorts, swimsuits, summer shirts & jackets, summer weight pants, skirts and dresses. We have lots of clothes in all sizes and there is something for everyone! Most prices are \$1.00 per clothing item and 50¢ for accessories (shoes, belts, purses, etc). Come see what bargains you can find! Thanks to all our shoppers who helped to clear out our winter items and a big thanks to all who donate to such a worthy cause. Remember all proceeds go to support the Knight Bergman Center and the programs they offer for the kids and adults in Warren and the surrounding areas. We are an

all volunteer staff at the basement and we are in need of extra help. We are happy to have Nancy Smith and Tina Hosler join Nancy Surfus, Faye McCarver and myself, Jan Weight. If you have a few hours to spare on Friday or Saturday, we would love to have you join our little crew. The wages are in blessings and we are blessed greatly to serve such a great community.

Our hours are 9am-4pm on Fridays and Saturdays and Nancy Surfus and I are available during the week if you need to make a donation after regular hours. You can reach me at 375-2451 or Nancy at 375-3118. We look forward to serving you. Many thanks for your continued support.

SCRAPBOOK DAY

On April 24 the Warren Church of Christ will be having a Girls Scrapbooking Day. All Jr/Sr High girls are welcome to attend. Bring your scrapbooks and if you don't have one come anyway for a great time, great food, and a great lesson. We will be starting at 1pm and going till 4pm. For more information contact Nathan Ratcliff @ 260-224-4843.

ROCK PARTY

On April 25 the Warren Church of Christ will be having their ROCK party. We are going to be going to Chuck-E-Cheese from 12pm to 3pm. This event is for any student kindergarten thru 5th grade. Please be at the church before 12pm to ride the bus. For more information contact Nathan Ratcliff @ 260-224-4843.



THREE AMIGAS CHILDCARE, LLC

We would like to thank all of our wonderful parents, grandparents, and all local businesses for your help in teaching our kids the greatness of charity. Plus a HUGE thank you to all of our kids. You guys worked so hard and we are so proud of each and every one of you. It was amazing to see how excited the kids got knowing they were helping other little kids.

The children of Three Amigas Childcare talked about and working on charity for two weeks. We taught them that helping others will make "Your Heart Happy!" The kids raised money for a charity called One Lap Top Per Child, South Africa. We are pleased to announce that the kids raised enough money to buy 5 laptops. The children of Three Amigas will receive pictures and other correspondence from the children of South Africa, after they receive their computers.

Thanks again for everyone's support. We really are a Small Town with a Big Heart!

Thanks Again to Everyone Involved Miss Jenny, Miss Sara and Miss Kristin

TRIP CANCELLED

Please note the trip to Cabela's and Silver Bells scheduled for Monday, April 19th has been CANCELLED due to remodeling at Cabela's. We apologize for any inconvenience and will try to reschedule at a later date. If you have questions or would like more information about The Warren RoadRunners Bus Trips call Colleen Franklin at (260) 414-0223. The Warren RoadRunners are a Warren Church of Christ Ministry.

Spaghetti Supper

The Warren United Church of Christ will be hosting their 43rd annual Spaghetti Supper on Saturday, April 17 from 4:30–7 p.m. at the Knight Bergman Center. All you can eat spaghetti and endless garlic bread sticks along with salad, drink and homemade desserts are on the menu.

Troubled? Try Prayer! DEWEESE SOFT WATER & ADDLIANCE SALES 231 N. Wayne, Warren -- 375-3828 · 1-800-356-4440 Ear Francement With Family Matters - 1 800 A FAMILY www.family.act

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2 WARREN WEEKLY Friday, April 16, 2010

WARREN WEEKLY • Owner/Publisher: Nicki L. Zoda Mailing Address: P O Box 695, Warren, IN 46792 Shipping Address: 7920S 900W 90, Warren, IN 46792 Phone: (260)375-3531 or 1-877-811-9089 FAX: (260)-375-7007 e-mail: wwkly@citznet.com

WARREN WEEKLY is a free paper for the Warren, Indiana area. It is distributed every Friday to rural postal patrons of Warren, Liberty Center, and Van Buren Indiana. The Warren Weekly is available at Huggy Bear Ice Cream, Dollar General and next to the Post Office in downtown Warren. The Warren Weekly is also available in several businesses in Van Buren. Total circulation is 3200. It is sent anywhere in the Continental United States for three (3) months for \$12 six (6) months for \$24 or \$48 for one year. Mail name, address, and paymen

to WARREN WEEKLY at: PO Box 695, Warren, IN 46792. Deadline for news and/or advertising is 10:00 a.m. Tuesday, for that week's edition. Call if you need something in but won't have it here on time.

Leave news and/or advertising at PJ's Flower and Gift Shop, mail to P O Box 695, Warren, fax to 260.375.7007 or email to wwkly@citznet.com. Van Buren residents may call Mary Jo Zoda at 765-934-3637.

WARREN WEEKLY will make every effort to see that all advertising copy is correctly printed. The firm assumes no financial responsibility for typographical errors in advertising, but will gladly reprint without charge that part in which an error may occur, provided that it is reported within five days of publication. The publisher takes no responsibility for statements or claims made in any advertisement.

Kudos, Kicks & Karats

THANK YOU

On behalf of the Miriam Burkhart Rice Family, we would like to thank everyone for all acts of kindness and generosity during the time of our loss. We especially want to thank the staff at Heritage Point United Methodist Home, Warren, and Family Hospice and Palliative Care, Berne. As we face today's unknown challenges, it's comforting to know others care. The loss of a loved one is hard to bear and your kindness will never be forgotten.

> Sincerely, Miriam Burkhart Rice's family

THE UPTOWN GARDENER

by Ruth Herring

It is great to see the spring flowers blooming and many trees leafing out. I would say spring is definitely here.

The peas I planted on Saints Pats day are up and I see some lettuce and spinach is peaking thru. I don't have much of it planted only a small row to have till we get the garden tilled. The peach trees are in full bloom and I thought we might lose them again to the cold temps we had few days ago, but I had read some time ago if you spray the trees down with water before the sun shines on them it will save them from frost damage. So we tried it and so far they are looking ok. First we tried to cover them with sheets and it was like being Mary Poppins with a loose spoke in her umbrella. Not a good thing to try on a breezy day. Now we are hoping that there is not a wind storm and blows the fruit off the trees like it done a couple years ago.

My plants I started are doing well and ready to set out to harden off. I have two kinds of tomato and two of cabbage that is in surplus. If anyone needs a few plants call me and will share with you.

I was asked what the difference was between determinate and inter-determinate tomato plants. The determinate plants are more bushy in growth and usually ripen over a short period of time a good plant for small gardens. Inter-determinate are much more vining and will keep ripening over a long period of time, usually till frost. Good choices for them are Roma, celebrity and several German varieties. Determinate would be Beef Steak and Oregon Spring to name a few.

Soon we will be planning the opening of the farmers market for the season. It seems like just a short time ago that we closed for the season. I hope we all have a good growing season to help supply your needs with fresh items.

Some have already been gathering asparagus and soon rhubarb will be ready.

Some fresh made rhubarb pie or crisp surely would taste good. Here is my recipe for fresh rhubarb pie that a dear friend and long ago neighbor gave me.

3 cups diced rhubarb, 3 tablespoon flour, 1 cup sugar, 1 egg beaten, mix all together and pour in pie shell, dot with 1 tablespoon butter cut in small pieces. Add top crust and bake 450 for 10 minutes reduce heat to 350 for about 50 minutes.



Jim Graham, Pastor

260/494-6753 260/489-1456

260/375-4224

Morning Worship 10:30am

9:30am

Sunday School

SALAMONIE
CHURCH OF BRETHREN
468-2412
Mel Zumbrun, Pastor
Worship9:30 a.m.
Church School10:45a.m.
UNITED CHURCH OF CHRIST
375-2102
Pastor Scott Nedberg
Sunday Worship 9:30 a.m.
Junior Church 10:00 a.m.
Sunday School 10:30 a.m.
Communion 1st Sunday of the Month
VB CHURCH OF THE NAZARENE
765/934-3321 Parsonage
Jeff Wass, Pastor
Sunday School 9:30 a.m.
Adult Worship10:30 a.m.
Children's Church 10:30a.m.
Evening Praise Hour 6:00p.m.
Hour of Power (Wed) 7:00p.m.
VB UNITED METHODIST CHURCH
765-934-1431
Pastor Blake J. Neff
Worship Service
Sunday School 10:30a.m.
Jr/Sr High FLOCK (Sun) 6:00 p.m.
Prayer-Bible Study (Thur) 7:00 p.m.
UMW 2nd Wed 7:00 p.m.
www.vanburenumc.org
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WARREN CHURCH OF CHRIST
375-3022
Ethan T Stivers, Minister
Nathan Ratcliff, Youth Minister
Tara Bower and Melinda Haynes -
Secretaries
Shanna Fortney, Bible School Supt.
www.warrenchurchofchrist.org
Fellowship9:15 a.m.
Worship & Communion9:30 a.m.
Sunday School10:45 a.m.
Youth:
K-5th grade, Mon 6-7pm
Jr/Sr Hi, Sunday 6-8pm
TNT, Thur 6-8pm
WARREN 1ST BAPTIST CHURCH
Corner of N. Wayne & Matilda Sts.
Rev. Bill Fisher, Pastor of
Preaching and Discipleship
Rev. Robert Bothast, Pastor of
Family Life
Lori Buzzard, S.S. Supt.
Sunday School9:00 a.m.
Sunday Worship10:00 a.m.
Sunday Evening Service 6:00p.m.
WARREN WESLEYAN CHURCH
375-2330 6th & Nancy Sts. Warren
Rev. Allen Laws, Pastor
Wesley Welch, Supt.
Sunday School9:30 a.m.
Wednesday Prayer Service7:00p.m.
www.warrenwesleyan.com
FARRVILLE COMMUNITY CHURCH
11044 E 200 N, Marion, IN
765-934-3609
Pastor - Dan Metz
Sunday Worship 10:30 am
Sunday School Classes9:30 am
Youth Group6:00 pm
Sunday Adult Bible Study 6:00 pm
Thurs. Bible Study7:00 pm

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Area News

A TASTE OF SPRING!

Enjoy a relaxing Spring evening and leave the hustle \ bustle lifestyle at the door....Warren Chamber of Commerce invites you to "A Taste of Spring", hosted at Dogwood Glen Clubhouse Saturday, May 1st at 7:30. Kim's Katered Affair's delectable hors d'oeuvres, Mad Anthony Brewery's Ales and Satek Winery's wines will be showcased and ready for your sampling! The silent auction will top off the evening. The proceeds will benefit Warren's downtown revitalization and beautification. Four downtown grants were approved last month-be sure to watch downtown for those facade facelifts! Warren's committees are working hard to beautify downtown! MarkleBank & National City have tickets on sale now! \$35 for general admission & \$50 for VIP admission.

Tower Park Work Day

Please mark your calendars. The Warren Parks Department is scheduling a work day at Tower Park on April 24th starting at 9:00 a.m. Volunteers are needed to complete several projects. Donations are also being accepted at the Town Hall for those who wish to support improvements to our local park. Checks should be made payable to the Town of Warren Parks Department. More information will be in the paper next week.

CHAMBER NOTES

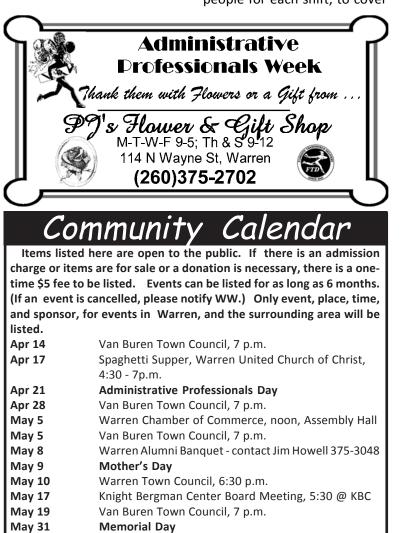
At the recent Chamber of Commerce luncheon the following items were discussed.

Short presentation during lunch by Kelly Gordon of Pinnacle Publishing. Pinnacle is the publisher of Citizens Telephone's directory. This year Citizens is launching their directory online, and will be labeled as "LocalSearch.com". Kelly explained how the directory / search will work and advised all businesses that she will be working in the area for the next week.

Minutes and treasury reports were presented. No changes were made.

Scott Trauner gave a brief update on the county business expo. He said they had a great turn out, but slowed down quite a bit early on Sunday. He felt that the next expo would close a little earlier on Sunday.

Things are coming together for the Wine Tasting event that will be held on May 1st. A volunteer sheet was passed around for workers. We will need about 20 people for each shift, to cover



Bread of Life Food Pantry - Wed 2 - 5:00pm at KBC or by appointment -Call 375-2381. **Bargain Basement -** Friday & Saturday 9 - 4 at KBC **Cancer Support Group -** 3rd Tuesday 6:30-8p.m. at Bluffton Regional South Campus many areas. There are a limited number of tickets available for the event. Each member of the committee has tickets to sell. Each person volunteering for the event will also need a ticket. See Cammy or Joanie at Citizens Telephone to purchase your ticket. We will also have a professional photographer that night to take photos. There are several items available for our Silent Auction. These items will be displayed at National City/ PNC Bank and also MarkleBank two weeks prior to the event, for everyone to view. A decision was also made by the committee that all proceeds from the event will be given to Warren Economic Development to be used for downtown revitalization and beautification.

The Chamber's board of directors are thinking about ordering shirts with the "Warren Area Chamber" on them. The board attends several meetings throughout the year and it would be nice if we had shirts that promoted the town. We are looking at getting these locally so that each person can order their own shirt, and we will not have to put an order together at one time.

The chamber has agreed to host a "Community Exchange" for Indiana Main Street. This will be held in late September and all other Main Street communities are invited to attend. We will arrange for speakers on several different topics, and the group will also have the chance to tour our community.

The Chamber sponsored booth at Salamonie School's carnival was a huge success. Thanks to Kevin DeaKyne and Shane Wright for working the booth!

Salamonie Summer Festival committee has chosen a theme for this year's festival. It will be "Big time... Small Town". The next meeting will be April 13th at the PNC office, 5:00 PM.

Shane announced there will be a work day at Tower Park for general clean up and some small repairs. This is tentatively scheduled for Saturday April 24th at 9:00 am.

Pastor Scott Nedberg announced Untied Church of Christ's Annual Spaghetti Supper will be held April 17th at Knight Bergman Center.

Introductions were then made with "Why should someone do business with me", answered by everyone in attendance.

When a team of dedicated individuals make a commitment to act as one... the sky's the limit! Warren Area Chamber members..... Let's go the distance!

NEW AT WPL

New books recently received at the Warren Public Library include the following.

Fiction: The Girl Who Chased the Moon by S Allen; Sham Rock by R McInerny; The Shadow of Your Smile by M H Clark; Wrecked by CH Clark; The Inheritance by S Tolkien; The Bride Collector by T Dekker; A Promise of Hope by A Clipston; The Other Family by J Trollope; The Telling by BLewis; The Aloha Quilt by J Chiaverini; A River In the Sky by E Peters; Nowhere to Run by CJ Box; The Walk by RP Evans; The Inn At Angel Island; Imperfect Birds by A LaMott; Laughed 'Til He Died by C Hart; Cat of the Century by R Brown; Without Mercy by L Jackson; The Last Time I Saw You by E Berg; Sixteen Brides by S Whitson; Home in Carolina by Sherryl Woods; Disaster Status by C Calvert.

Non fiction: Fighter Pilot by Olds; The Story Behind the Song: Chicken Soup for the Soul;



Buffett's Bites (Investor's Guide); God Never Blinks; This Time Together: Laughter and Reflection by Carol Burnett.

Teen: Fang: Maximum Ride; Summer Hill Secrets Book 2; Percy Jackson & the Olympians Books1-4.

Children: The Baby Sitters Club: The Summer Before; The Chestnut King



When it became time to go home, John Minnich and his father started the slow job of moving their 2200 pounds of maple sugar home. Once they got it home, it was dumped into a little room, a few feet square, which had new lumber on all four walls. There they left it until the spring crops were planted. When it became time to go to market, they had their neighbor make barrels for them. Each barrel was made of clean oak staves and hooped with split hickory hoops and they would hold 200 pounds of maple sugar. They paid twenty-five cents for each barrel.

Sometime in June, John's father polished his scoop shovel, cleaned his feet and put on clean socks, then entered the room and shoveled the mass from side to side until it was of the same uniform quality. They filled eleven barrels and were ready to market their sugar in the city of Fort Wayne. They headed out leaving two barrels for their own use.

Their journey took them through Bluffton, which at that time was a little village on the banks of the Wabash River. Mr. John Studebaker, who was a merchant there, inquired about their cargo. He inspected it and said he would give twelve and a half for it. They didn't think they could get any more for it in Fort Wayne, so they sold it. For young John Minnich's share, he received seventy-six dollars, which he used for a first payment for a farm.

The Salamonie Valley Museum will be open Saturday April 17 during the spaghetti supper. So come enjoy a nice meal and visit the Museum. We have added new things.

EUCHRE CLUB

The Jackson Township Euchre Club meet at the home of Doris Tyner. Mary Jo Zoda won high, Sharon Gebhart won low and Phyllis Dickey had the most lones. Others enjoying the evening were Carolyn Carroll, Marge Jones, Nancy Willman, Jane Lieurance, Sue Coolman, Joan Huffman, Karen Kitterman and Marge Jones. We will meet at the home of Jane Lieurance in May.

CHAUTAUQUA

The Chautauqua Literary Club met April 2, 2010, at the Heritage Pointe with 17 members present. President Sharon Gebhart opened the meeting with all repeating the Collect, and conducting the business meeting. It was announced that the Spring party in June will be held at the Calico Room, and Freda Van Winkle and Alice Whitmore were added to the committee. Roll Call and the Treasurer's report were given. Thank you notes were received for Emma Williams' Memorium contribution.

Jane Ruble gave an entertaining program on her Warren HS Senior trip in May. 1953.

The class left, with sponsors Ruskin and Lucy Laymon, May 2, 1953, at the end of the school year. Their adventure took them across Ohio, to Pittsburg, along the Pennsylvania Turnpike, to the Gettysburg battlefield, and on to Washington D.C. After a full day of sightseeing at the memorials and statues, through the city, they toured Mount Vernon.

Before arriving in New York City, they saw the historical sights of Philadelphia i.e. the Liberty Bell, Independence Hall, the William Penn monument. In New York City, the activities were too numerous to mention! They saw the sights!! At one point they were "turned loose", and miraculously they all returned on time.

Their great adventure week came to an end on May 9, 1953. All were tired but wiser! Jane's program concluded with each member recalling their

own Senior trip. Responses were varied, but the trips were enjoyed by each senior class member, no matter the destination.

The next meeting will be held May 7, 2010, at Heritage Pointe.

Delicious refreshments were served to Janet Beavens, Nancy Bonham, Ann Brauchla, Freddie Couch, Barbara Engle, Sharon Gebhart, Linda Howell, Phylis Hubbard, Joan Huffman, LuEllyn Pond, Jane Ruble, Peggy Schweikhardt, Martha Shafer, Carolyn Sparks, Betty Yoder, Oma Zent, Freda VanWinkle, and Ruth Alice Christner.

Sigma Phi

The regular monthly business meeting of Beta Delta Chapter of the Sigma Phi Gamma International Sorority was held at the Knight-Bergman Center on Tuesday, April 6, 2010. Susan Ralston, president, opened the meeting with all residing the creed. Fourteen members answered roll call with a response to "Did you color Easter eggs?" Our saying for the month was - O dandelion, yellow as gold, what do you do all day? I just wait in the green grass till the children come to play'.

Minutes of the last meeting were read by secretary, Carol Irick. Treasurer reports were given by Suzette Gephart. A thank you note was read from McKinzey's Hope for a donation.

Announcements were read from candidates for International Officer for convention in June at Denver, CO. Sondra Zabel was elected delegate to represent us at convention. She will receive her 25th year in membership there. Rosemary Zeller will receive her 50th year membership this year,

er, also.

Election of officers was held for the following year, with the following being elected: President - Jenny Plummer; Vice President – Carol Irick; Recording Secretary – Tara Korporal; Treasurer – Claudia Boxell; Organizer – Beth Ostermeyer; Service Secretary – Sondra Zabel; Editor – Sharon Gebhart; Historian – Opal Brubaker; Social & Corresponding Secretary – Suzette Gephart; Counselor -Susan Ralston. Members present were: Sandy Booher, Claudia Boxell, Opal Brubaker, Sandy Eichhorn, Sharon Gebhart, Suzette Gephart, Carol Irick, Tara Korporal, Beth Ostermeyer, Jenny Plummer, Susan Ralston, Sondra Zabel, Betty Yoder and Rosemary Zeller. Kathy Ralston was also present as a pledge.

Next social meeting will be April 20, 2010, at 6:30 pm at our room in the Knight-Bergman Center, this will be a carry in meal for our pledge service. Our next business meeting will be held on May 4, 2010, at the KBC Center, at 7:30 pm, with a memorial service to be held at the United Church of Christ at 7:00 pm.

Alpha Province

Alpha Province, Sigma Phi Gamma International Sorority held their 83rd annual meeting at the Farmstead Inn, Shipshewana, IN, March 20 and 22, 2010. The hostess chapter was Gamma Iota Chapter, Elwood, IN, with Suzanne Meyers and Cindy Meyers as co-chairmen. The theme for the weekend was "The Gathering", Epsilon Gamma Chapter, Logansport, IN, presented the Zeta Memorial Service.

Alpha Province consists of eleven chapters from Bluffton, Dunkirk, Elwood, Hartford City, Lafayette, Huntington, Logansport, Marion, Peru, Wabash and Warren. Irene Worley, Edith Bocock, Phyllis Royce, Ferne Shick and Violet Tindall founded the sorority in Hartford City, in 1920, all designated Life Founders. The sorority has 107 Active chapters and 23 Alumna chapters in 17 Provinces throughout the United States and Canada. A new Chapter, Xi Sigma, in San Antonio, TX, was installed this vear.

Delegates from the local Beta Delta Chapter were Carol Irick and Sondra Zabel. Local members in attendance this weekend were Tara Korporal and Beth Ostermeyer.

The Province officers were President Della Kochert, Alpha Delta, Lafayette, IN, Secretary Renee Chenault, Wabash, IN, Editor Chris Clugh-Thomas, Alpha Delta, Lafayette, IN, Organizer Jill Marconi, Alpha Mu, Peru, IN and Counselor Beth Ostermeyer, Beta Delta, Warren, IN. The Visiting International Officer was Linda Carr, International Organizer, Chi Province, and Mu Psi Chapter, Oceanside, CA. Past International officers attending were Beverly Robbins, Indianapolis, IN, Dora Brown, Huntington, IN, Diana Costello, Spencer, IN, Lou Ann Shafer,

CONTINUED NEXT PAGE

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This miniaturized hearing aid with a computer chip minimizes annoying feedback and loud sounds while allowing greatly improved hearing in noisy situations. Soft sounds are more audible ... loud sounds are made comfortable. This device is completely automatic and does not require a volume control. Just slip it in your ear and start hearing.

By: Dr. Kevin J DeaKyne DDS, PC

HOW COULD A "SIPPY" CUP BECOME A DENTAL PROBLEM?

The Centers for Disease Control and Prevention compared the dental health of Americans from 1988-1994 and 1999-2002. The result was a 15.2% increase in cavities among 2-5 year olds. Research shows that nearly one-third of the toddlers with decay used "sippy cups," the little plastic drinking cups with lids to prevent spills. Here are a few tips from the American Academy of Pediatric Dentistry.

Sippy cups should not be used for long periods of time.
Unless being used at meal times should be filled only with water (no pop or high sugar juice).

3. Don't use at naptime or bedtime unless water is used.

4. Schedule regular visits with your family dentist or pediatric dentist to help keep your child cavity free.

Compliments of Dr. Kevin J. DeaKyne DDS 470 Bennett Dr Suite A • Warren, IN (800)236-0891 A MetLife and Delta Dental Provider

Diane Huntington, IN, Easterday, Peru, IN, and Christy Clark, Hartford City, IN.

The chapters in Alpha Province donated a total of 4,617 service hours and 2703.5 service miles and a total of \$29,362.95 dollars donated in 2009 to service projects in their local communities. The Province Service Fund of \$414.00 was given to Eta Chi, Dunkirk, IN. It was used for The Weekend Backpack Program. It provides meals for kids who would otherwise go hungry when not in school.

The new officers for 2010 -2011 are President Renee Chenault, Nu Chapter, Wabash, IN, Editor Nancy Easterday, Alpha Mu Chapter, Peru, IN, Secretary Jill Marconi, Alpha Mu Chapter, Peru, IN, Organizer, Chris Clugh-Thomas, Alpha Delta Chapter, Lafayette, IN, and Counselor Della Kochert, Alpha Delta Chapter, Lafayette, IN. 2011 Hostess Chapter will be Epsilon Gamma, Logansport, IN.

Master Gardner

PROGRAM

The Huntington County Master Gardeners will be hosting a rain barrel program on Saturday April 17th at 2:00 p.m. at Hier's Park. The program is open to the public. Participants will be given instructions on how to build their own rain barrel.

There is a limited supply of barrels and construction materials available for \$15 per barrel. Master Gardeners will assist with building barrels during the program. Anyone who would like to purchase and build their own rain barrel must **RSVP** at the Huntington County Extension Office - 354 N Jefferson – Suite 202, phone: 260-358-4826.

Please

Read &



Helping Kids Cope: Building Stronger Families - will be presented by Dr. Dave Johnson on Thursday, April 22, 6:30 - 8 p.m. at Wells County 4-H Community Center, 1240 S. 4-H Road, Bluffton.

ARE YOU READY ... for the stretch of parenting in a world of rapid change and chaos? Where "stress" can get in our way ... or motivate us to become better parents? Parenting requires stamina, vigilance and positive strategy. Staying resilient against stress and helping our families maintain as sense of well-being and balance in our physical, emotional, social, and spiritual lives is very important.

This seminar will teach moms, caregivers, dads, and professionals who work with families the P.E.A.K. model.

P.E.A.K. performers are high energy, creative, positive and motivated individuals. Parents using the P.E.A.K. model will help themselves and their kids feel success yet balance in their home and personal lives.

Reservations are requested, but not required. To reserve your seat, call Betsy Needler at 260.919.3145 or e-mail betsy.needler@blufftonregional.com.

THEATRE CAMP

"Seussical Jr." will be performed for the 2010 Summer Theatre Youth Camp hosted by the Huntington University Theatre Department.

Children and youth entering grades K-12 next fall are eligible to register for the camp. Due to the Fourth of July holiday, the camp will begin July 6 and run through July 24. The camp will run from 8:30 a.m. until 12:30 p.m. Monday through Friday. At the end of the session, campers will present two performances of the musical at 2 p.m. and 7 p.m. July 24.

for those who register early. After May 3, the cost is \$200.



During their time at camp, campers will learn acting, singing and dancing skills. Children will also learn valuable skills such as developing language and communication abilities, using creativity and building a positive self-concept as well as gaining an understanding of the art of theater.

"This will be a wonderful opportunity for the campers to enrich their lives through creativity in theater arts," Camp Director Jay Duffer said. "It is exciting to see the parents beam with pride as they watch their child performing."

The camp will be operated for the first time this year by Jay and Melissa Duffer. Jay and Melissa currently serve as faculty members at Huntington University in the theater department. Jay Duffer is a professional actor, director and playwright. He has performed in venues ranging from Off-Broadway and New York theater to regional houses as well as working in industrials and productions overseas. Melissa has been an actress based in New York City, performing in regional theaters across the country as well as overseas. They both are active members of Actor's Equity Association.

For more information, contact the Huntington University Theatre Company Theatre Office at (260) 359-4257 or email Jay Duffer at jduffer@huntington.edu.

SENIOR EXPO

Wells County Council on Aging's 12th Annual Senior Citizens Expo Thursday May 6th from 9 AM to 3 PM at the Wells County 4-H Community Building in Bluffton

Free Admission

Free information and education from many area businesses including financial institutions, home improvement companies, housing options, insurance, hospitals, doctors and many more!

Free gifts and prizes provided by vendors

Free breakfast provided by Christian Care from 9-11:15

Free lunch provided by Meadowvale Health and Rehabilitation from 11:30-1

Free Snacks provided by Markle Health and Rehabilitation from 1-3

BACK BY POPULAR DEMAND-PASSPORT PROGRAM! Numerous prizes will be given away including a Grand Prize that will be awarded to a lucky winner!

Free Transportation to and from the event for Wells County residents of all ages provided by the Wells County Council On Aging's WOW! or Wells on Wheels! Public Transportation Program.

Call 824-4WOW or 824-4969 to schedule a ride!

Bluffton Regional Health Check Van on site all day!

9-11 Free lipid panels (requires an 8 hour fast)

11-3 Free blood pressure checks

Senior Citizen Discount Cards available for purchase

WOW! Public Transit Frequent Rider Cards for sale People of all ages are

encouraged to attend!



BOOK FAIR

There will be a book fair for the community on April 24th, from 9 am to 2 pm, at Hanfield Methodist Church located on SR18 and 400 East outside of Marion. There will be something for everybody, such as books, curriculum, various vendors, baked goods, information, and much more. For questions or to reserve a table, you can contact Mary at 765-934-9425. This is sponsored by the Christian Home Educators Support Group.

PLANT A TREE

Proper Tree Planting for Earth Day

Don't Bury Me: A hole dug too deep is a sure way to kill a tree Earth Day is coming soon April 22. Celebrate the wondrous benefits of trees and make a wise investment by planting a shade tree in your yard! But before you plant, take some advice from the experts to help your new tree live a long time. "Too often, consumers waste hundreds of dollars on trees that will die because they were planted too deep," cautions Tchukki Andersen, staff arborist with the Tree Care Industry Association.

"Proper planting is absolutely essential in the failure or success of a transplanted tree," says Andersen. "Using quality plants and following up with good tree care practices, such as watering, pruning and fertilizing, will not save a poorly planted tree. The most common mistake is

CONTINUED PAGE 6





Individual, Group & Senior **HEALTH BENEFITS** Call for a free Quote (260) 375-2424

The cost for the camp is \$175

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planting the root ball too deep," she says.

Homeowners can purchase trees packaged in three common forms:

Bare-Root plants may be sold with the roots tightly packed in a moisture-retaining medium that is wrapped with paper or plastic, or with roots loosely covered by a moist packing medium. Roots must be adequately moistened prior to planting. Roots are spread out evenly in the hole when planting.

Balled and Burlapped (B & B) trees are moved with a ball of soil protecting their root system. Soil balls are heavy, so professional arborists who have proper equipment should be hired to plant large trees. Smaller B & B trees should be carried with a hand under the ball. Carrying a B & B tree by the stem or branches can result in serious root damage. When planting, set the root ball in the hole, position the tree, then remove twine and nails. Remove or fold back burlap from the upper third of the root ball.

Container-Grown trees have the advantage of a root system that is relatively undisturbed at planting, but beware of "potbound" container trees. Do not buy container trees that have a large amount of roots completely circling the inside of the pot. These trees will take a long time to get established after planting because the roots have difficulty growing beyond the thick ring of circling roots. Immediately before planting container trees, prune the roots.



and has surveyed his entire life. His opponent is not a licensed surveyor and has never surveyed.

Your vote on May 4th is greatly appreciated. Paid for by the committee to re-elect Jay Poe, Huntington County Surveyor Root pruning can cut up to 50 percent of the roots in container trees but this is still sufficient to permit plant establishment. This compares with pruning about 10 percent or less of the root system being transplanted with B & B trees. Always remove the container prior to planting. Andersen advises consumers to follow these planting

guidelines: Measure the height and diameter of the root ball or root

spread. Dig the hole 1 to 3 inches shallower than root ball or root depth. The holes diameter should be 2 to 3 times the diameter of the root ball or root spread.

Set the tree on undisturbed solid ground in the center of the area. The tree should be planted so that the root flare, the base of the tree trunk where the roots begin to "flare-out," is visible and above grade.

Backfill with soil from the planting hole, using water to pack or settle the soil around the root ball.

Mulch the planting area with 2 to 4 inches of an organic mulch such as wood chips. Start the mulch 6 inches away from the tree trunk do not mulch up to or against the trunk.

Trees should be pruned after planting to remove broken, damaged, diseased or dead branches.

Stake and/or protect the trunk of the tree if there is a real potential for wind damage or lawn mower injury. Remove the guy wires when the staking is no longer needed or the tree could be injured or even killed from girdling by the wire.

Prune to develop a good branch structure once the tree has become established in its new home, usually 1-3 years after planting. Never remove more than 25 percent of total foliage in one year. Fertilizing is not recommended

at the time of planting. What can you do? A professional arborist can

assess your landscape and work

with you to determine the best trees to plant. Contact the Tree Care Industry Association (TCIA), a public and professional resource on trees and arboriculture since 1938. It has more than 2,000 member companies who recognize stringent safety and performance standards and who are required to carry liability insurance. TCIA has the nations only Accreditation program that helps consumers find tree care companies that have been inspected and accredited based on: adherence to industry standards for quality and safety; maintenance of trained, professional staff; and dedication to ethics and quality in business practices. An easy way to find a tree care service provider in your area is to use the "Locate Your Local TCIA Member Companies" program. You can use this service by calling 1-800-733-2622 or by doing a ZIP Code search on www.treecaretips.org.

Do We Live in an Age of Rage?

by V Neil Wyrick U.S. News reports that a serious crime is committed in America every six seconds, most of them because of anger. The average man loses his temper 6 times a week, the average woman 3. Many psychologists argue that anger out of control is the cause of most depression.

The Greeks have a word for anger out of control. The word is spelled r-a-c-a, and pronounced properly it is the sound you make when you clear your throat just before you spit. It is not that excessive anger is a 21st century phenomenon.

In the spring of 1894, the Baltimore Orioles baseball team was playing in Boston. Halfway through the game, an Orioles player, John McGraw, got into a first class fight with Boston's third baseman.

Soon, all the players on both teams exploded onto the field and fists began to fly. Soon the



fight spread to the stands. Then someone set the stands on fire. The fire spread – when it was over 107 buildings in Boston lay in ashes.

Will Rodgers once commented, "Anyone who flies off in a rage is going to have a very rocky landing.

Perhaps an oyster is one of the finest examples of patience in action. It takes an irritation and makes it a pearl.

Are the ways to better handle ourselves when self-control becomes no more than a memory?

1) Splash water on your face, the colder the better. Shock your system awake to the fact that you are acting irrational by doing something at least momentarily rational.

2) Take a walk. It is a good way not to let your anger take you. And if one trip around the block isn't enough, walk until your

Protecting Your Retirement Income

You've worked hard for years to accumulate your retirement savings. Now that it's time to turn that savings into an income stream, you may wonder exactly where to begin and how to make sure that the income stream you're creating will be one that energy level becomes more and more incapable of supporting your anger. In short, short, short change your fuel supply.

3) Write down your anger moments on paper. Preferably on a pad or even a diary. It allows you to look back on your moments of foolishness and see how long it is taking you to get to the point you are beginning to minimize them.

4) Count to 10...backwards! While hanging your head in shame and while watching the whole process in the mirror. It's one thing to be an idiot out of control. It's really something else to watch that idiot (you) first hand.

5) Force yourself to do something constructive such as working in your garden or following through on your to do

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Yalvable Income Strategies for Transition

meets your needs throughout retirement.

When considering your personal retirement income plan, it is critical to ensure your sources of essential income are positioned in a way that can help secure:

- *—Lifetime income*
- Protection against market risk
- Income that keeps pace with inflation
- A safe rate of withdrawal from your portfolio

Join us for a special event where we'll help you better understand the issues that can affect your goals and introduce you to solutions that may help assure your essential income assets are there to meet your needs, in good times and bad.

There will be no insurance sales presentation at the event. 6:30 p.m. Tuesday, April 20, 2010 at Dogwood Glen Club House 753E 900S Warren

Guest Speakers: Meredith Libbe - Protective Life Insurance and Mike Reynolds - Social Security

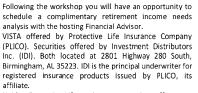
> Hosted by: Nicole Johnson, AAMS Financial Advisor, Edward Jones

Call before April 15, 2010 to reserve your space. We look forward to seeing you there! Please RSVP to: 260-356-7247 or 866-356-7247

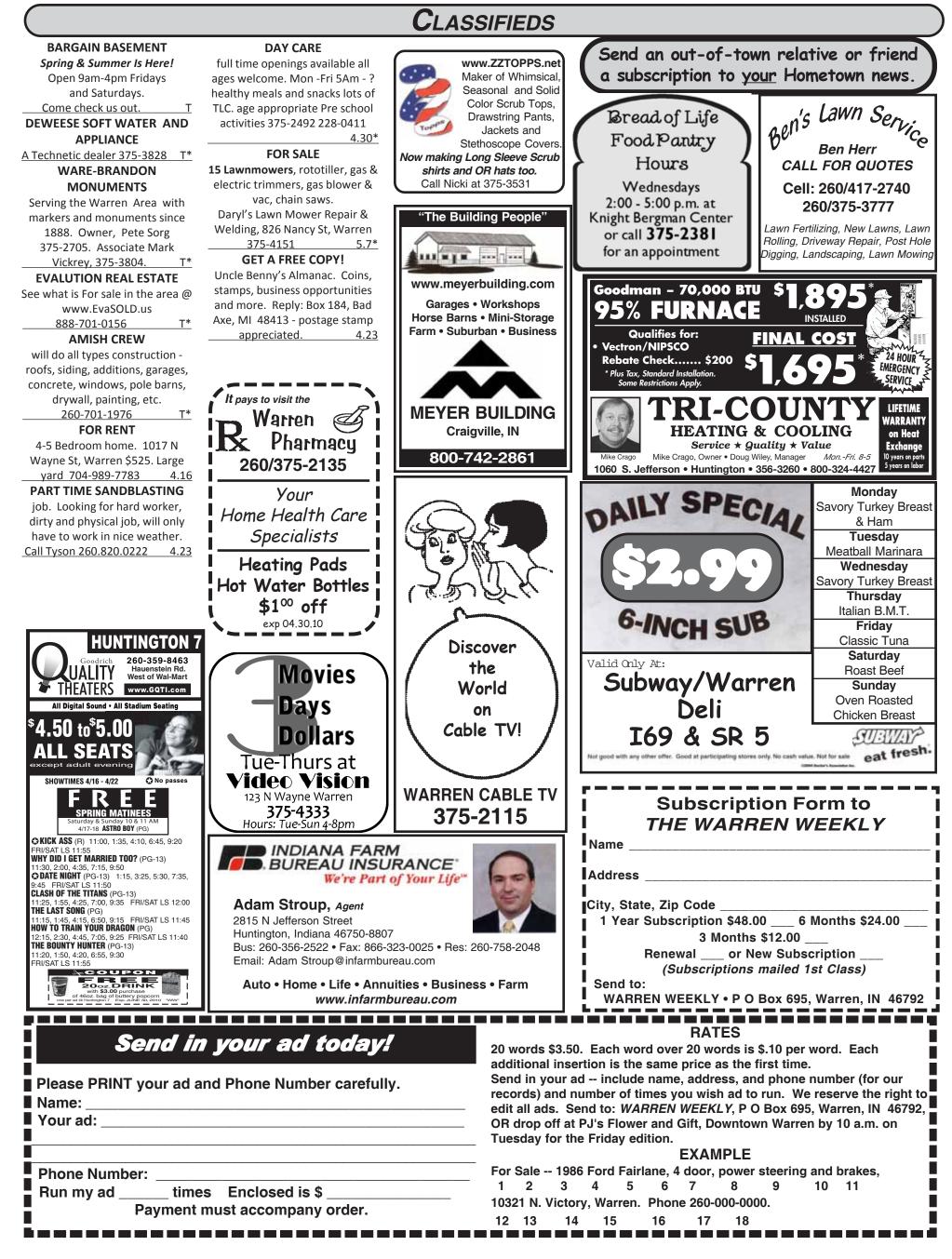
Doing the right thing is smart business.

Birmingham, Alabama

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Neither Protective Life nor its representatives offer tax or legal advice. We recommend that you consult a tax or legal advisor regarding your individual situation.



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list. It very therapeutic to be constructive when all you are really feeling is destructive.

And, oh yes, for those of you who argue it is unhealthy to hold anger in and that rather it should all be allowed to hang out; there are a host of psychologist who underline that this is a dangerous myth. And that doing so only escalates anger.

TREAT YOURSELF TO LESS CLUTTER

by The FlyLady, Marla Cilley This past Sunday afternoon I treated myself to a manicure. My nails grow fast and need cutting and shaped. While I was there I got talked into a French manicure. I have seen this on a lot of people but had never had one before.

I have seen my sweet niece try to do one in a hurry once. She complained that she could not hold her hand steady enough to make a straight line. We laughed and brainstormed about a paint pen that would make the job much easier. It wasn't until last Sunday that I saw that no one can do make that straight line. Getting a French manicure is all about babysteps. Isn't it strange? Everything in the world is a series of babysteps and we just can't see them. We only see the finished product.

The young lady clipped and buffed my nails first. Then she put down a foundation that would hold the white polish in place. The next part astounded me. She didn't carefully paint the white tip; she put it on any old way. It was a mess.

Here goes my perfectionism again. I thought it was awful but I kept my mouth shut and just watched the process. Next she took a flat paint brush and dipped it in nail polish remover and with a stroke of the brush she removed the excess polish and made a nice smooth line of white on the tip of my fingernail. I could not believe it.

This is when I realized the significance of this process. She was decluttering the excess much like we have to do to find peace in our lives; get rid of the part that does not bless us and kept the things that we love.

I try to keep clutter at bay by getting rid of clutter each time I bring something new into our home. When we clear out the clutter we make room for the peace that our routines bring to our lives and our homes. You can't organize clutter; you can only get rid of it. To find the peace in my life it took me months of 27 Fling Boogies to get rid of enough clutter so I could breathe. My clutter was stifling my creativity. I was hiding behind the wall of stuff I had built up. It wasn't until I had cleared out the living areas of our home that I could see the light.

There was more to me than just a messy chaotic house. I had something to say and things that needed doing. As long as I was being held captive by my household clutter, mental clutter and physical clutter; I did not have a voice. My power had been depleted.

The clutter sucked the life right out of me. I didn't have time. No time for me and no time for the work that needed doing. Please don't wait till you think you have time to start decluttering your life. There will never be enough time if we allow our perfectionism to set our schedule. Make yourself take 5, 10 or even 15 minutes to eliminate the clutter from your home each day. In the process of getting rid of the clutter; you will be opening up the pathways to your new life. What's next is just around the corner! Are you ready to FLY?

For more help getting rid of your CHAOS, check out her website and join her free mentoring group at <u>www.FlyLady.net</u> or her book, Sink Reflections published by Bantamandher New York Times Best Selling book, Body Clutter published by Fireside. Copyright 2010 Marla Cilley. Used by permission in this publication.

LEHMAN HAIR CARE

After earning a Barber's license from Ravenscroft Beauty College this past summer, Jerri Lehman is energized and ready to pursue her new profession. Jerri is happy to announce the opening of her new business, Lehman Hair Care, LLC.

At the beginning of the year she purchased the former Pauline's Styling Salon and Don's Barber Shop in Bluffton. The shop is located at 303 W Market St, at the corner of Market and Marion, (across form the National City Bank).

She offers services for both men and women.

Barber Shop: Men's haircuts, perms, color and hot lather shaves.

Salon: Haircuts, color, perms, shampoo and set styling, facial waxing, facials and more.

American Cancer Society Wig Bank – cancer patients are assisted with wig selection and styling, please inquire.

Spa Pedicures and Foot Care: Foot spa jets soak and pamper your feet as the heated chair massages your back and neck muscles. Aromatherapy soaks, nail trimming, and exfoliation of dead skin cells each promote a natural defense for potentially harmful germs. Moisturizing renewed skin keeps your feet soft and healthy.

Massage Therapy – chair massages are available to loosen and ease muscle pain and fatigue from a licensed massage therapist/barber.

Gift Certificates are always available, great for any occasion!

Hours of operation and Monday thru Friday 9 to 5 and Tuesday and Thursday evenings by appointment only.

Styling Salon phone is 260.824.2083 and the barber shop is 260.824.2434.

TIPS FOR BATTLING SEASONAL ALLERGIES

(StatePoint) Allergy season bombards us with pollen and other allergens. But it's not just the great outdoors that cause allergies. The Environmental Protection Agency reports that indoor organic air pollution levels can be two to five times higher than their outdoor equivalent.

It's time to learn how to fight back against allergies and the pollutants in our homes that trigger them.

More than 67 million Americans suffer from allergy symptoms, ranging from hay fever to asthma. And many indoor pollutants -including dust mites and pet dander -- are the top asthma and allergy triggers in young children.

Dust mites and dander are particularly difficult to eliminate. A few precautionary measures, however, can make your home relatively allergen-free. Suck It Up

Vacuuming is one of the fastest ways to eliminate many home allergens and learning to vacuum smarter can help. Always clean a room from top to bottom, starting with curtains, tops of dressers and windowsills. A good vacuum cleaner also is critical, such as those with stretch hoses and special brushes to clean difficult surfaces.

Consider bagless upright models with more powerful motors that can suck up dust mites from tough crevices, such as Panasonic's new MC-UL915 Jetspin Cyclone that relies on a powerful twelve-amp motor to get rid of lingering mites. This versatile vacuum even comes with an air turbine brush attachment for difficult jobs, like gently removing stubborn pet hair from delicate upholstery. When you're done vacuuming, simply pop out the easy-to-clean dust cup to empty and wash for less mess and a fresher smell.

To maintain a healthy home environment, always use a vacuum cleaner with a built-in HEPA Exhaust Filter that captures particles, such as allergens, irritants and pollutants. For more information about new vacuum cleaner technology, visit www.panasonic.com/vacuums. It Comes Out In The Wash

Regular washings of linens is key, and the hotter the water the better. Wash bedding weekly with 140-degree water, which is hot enough to kill dust mites. So long as the water is sufficiently hot, it isn't necessary to have an expensive washer with a steam cycle.

If you prefer to limit your hot water heater to 120 degrees or less to prevent scalding, consider a washing machine with a "sanitary cycle" that superheats water internally. You also can choose special anti-allergen detergents.

Work The Room

Limiting clutter is one of the simplest ways to reduce home allergens. And if you really want to make your home as allergenfree as possible, there are several easy and inexpensive homemade cleaning solutions.

For sanitizing countertops, spray a 50-50 mixture of water and hydrogen peroxide (the kind in a brown bottle) and wipe with a dry cloth. Tough bathroom mildew can be cleaned with a 50-50 mixture of water and white vinegar, while soap scum can be removed by sprinkling baking soda and scrubbing with a warm moistened cloth.

There's only so much you can do to combat outdoor contaminants during allergy season. Take that fight indoors and you'll have a better chance at breathing freely.

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Elizabeth Stutzman, a vendor at the market, gave me this pie crust recipe and I think it is quite good. 5 cups flour, 1 cup Crisco, 1 cup Bluebonnet margarine, 1 beaten egg and enough milk added to egg to make 1 cup. Assemble as any other pie crust. Enjoy and have a great spring.

