

MEXICO MISSION TRIP FROM WARREN

The Warren Church of Christ is on a mission trip this next week, August 19-27,2005 to help with the work of Casa de Ninos Children's Home in San Luis Potosi, Mexico where David and Sheri DeBolt serve as directors.

This mission work was the focus of the recent Warren Area Church's Vacation Bible School held June 20-24 when \$1200 was collected for projects at the home. They will see first hand how those dollars were used and will share the pictures and trip with all 5 Warren churches when they return. A meeting at a later date is being planned to invite everyone to come see the work there.

David and Sheri DeBolt are a Warren couple who left to go work in Mexico in 1991 when their 3 girls, Amy, Renee and Mari, were small. David was an area farmer and elder at the Markle Church of Christ when he entered Bible College to prepare for the Lord's work. Sheri's home church, growing up, was the United Church of Christ in Warren. Her parents are Richard and Janet Brubaker of Warren and her brother is Rick Brubaker of Warren.

This trip is composed of members from four area Churches of Christ. Seven are from the Warren Church of Christ: Janice Jordan, Rick & Elaine Furnish, Roger & Renee Richardson, Lou Ann Shafer and Gerald Moreland, minister. Three are from the Markle Church of Christ: Clyde & Mary Miller and Becky Disbro. One is from Bluffton's First Church of Christ: Maggie Greenway and one is from Huntington's Northview Church of Christ.

The group will fly out of Ft. Wayne this Friday, August 19 and return Saturday, August 27. They will help with various projects while there, get to know the children, see the work and experience the culture. They will also visit another children's home and new church work where Amy (Brane) Noyola, another area residentgone missionary, serves. San Luis is located 450 south of Browsville, Tex. in the central part of Mexico.

 ${\cal S}$ END YOUR FAVORITE OUT-OF-TOWNER, COLLEGE STUDENT OR RELATIVE A SUBSCRIPTION TO THE WARREN WEEKLY. IT MAKES A TREASURED GIFT EVERY YEAR. (SEE BELOW FOR DETAILS)

tience.

The Weekly Special

by Helen @ Natalie Jeanne's Dorothy Ping, come on down!! You have just won yourself a \$10.00 gift certificate to Natalie Jeanne's for your amazing zucchini pie! Thank you to everyone who enlightened me on ways to use zucchini: from chocolate zucchini cake to zucchini spaghetti to zucchini bread. I had a fun couple of weeks reading everyone's recipes and tasting the samples. Thank you, thank you. The award winning zucchini pie recipe is as follows: Peel and cook zucchini.

1 cup cooked zucchini(

drained) 4 TBSP flour

- 1 ½ TBSP melted butter
- 1 cup evaporated milk
- 1 tsp vanilla
- 1 egg

Put zucchini in blender and mix, then add remaining ingredients and blend well. Pour in an unbaked 9" pie shell. Sprinkle with nutmeg and cinnamon. Bake at 425 for 15 minutes, then reduce heat to 350 for about 15 minutes or until lightly brown.

Mrs. Ping, my grandmother would be proud. Thanks again to everyone who participated in the zucchini recipe contest. Until next week, bon appetit!!

ICE CREAM SOCIAL

Dillman United Brethren Church's annual ice cream social will be Saturday, August 27, 4 to 7 pm in the Church's Fellowship Hall. Featured will be Dillman made ice cream, pies, cakes, sloppy joe, hot dog and sloppy dog sandwiches, chips and relishes. Free will donaRoads 900S and 1100W in Jackson Township.

5th Annual Cornfest

The Youth Services Bureau of Huntington County will be hosting its 5th Annual Cornfest and Car & Fashion Show, August 27th, 2005. All of the events will be held or begin at the office located at 1344 Maple Drive, Huntington. The event will feature a 38/50/75 mile bike ride. Registration for the ride begins at 7am and the fee is \$15. The

for adult, \$3 for children. In addition there will be live entertainment throughout the day, a dunk tank with representatives for Probation, the Sheriff's department, the Police department, Parkview Huntington Hospital and other community people from 1pm-4pm, a moon walk, the National Guard will be present providing HumVee rides and a physical fitness circuit training, sumo suit wrestling, the

CONTINUED PAGE 3



Things are Cooking at the Farmers Market

Chef Michael Rau from Natalie Jeanne's Restaurant is shown cooking fresh foods from the Farmers Market last weekend. Market visitors were invited to taste - oh so good!

Rumor has it that there will be another cook here in the next couple of weeks

Thanks to Roger and Caroline Krumel of Marion Tent and Awning, the Farmers Market now has a big new tent so vendors and visitors can enjoy a friendly shopping experience every Saturday morning from 8am to noon.





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WARREN WEEKLY is a free paper for the Warren, Indiana area. It is distributed every Friday to rural postal patrons of Warren, Liberty Center, and Van Buren Indiana. The Warren Weekly is available at Cady's Express, and next to the Post Office in downtown Warren. The Warren Weekly is also available in severa businesses in Van Buren. Total circulation is 3200.

It is sent anywhere in the Continental United States for three (3) months for \$9.50, six (6) months for \$19 or \$38 for one year. Mail name, address, and payment to WARREN WEEKLY at: PO Box 695, Warren, IN 46792.

Deadline for news and/or advertising is 10:00 a.m. Tuesday, for that week's edition. Call if you need something in but won't have it here on time. Leave news and/or advertising at PJ's Flower and Gift Shop or mail to POBox

695, Warren. Van Buren residents may call Mary Jo Zoda at 765-934-3637. WARREN WEEKLY will make every effort to see that all advertising copy is correctly printed. The firm assumes no financial responsibility for typographica errors in advertising, but will gladly reprint without charge that part in which an

error may occur, provided that it is reported within five days of publication. The publisher takes no responsibility for statements or claims made in any advertisement.

KUDOS, KICKS & KARATS

THANK YOU

Thanks to every one who helped in any way to get the cattle back in the pasture. It was certainly appreciated. We have them all, except one.

> Bill & Dianna Banter Claire & Sharon McMillan

DONATIONS **N**EEDED

The empty shelves at the Bread of Life Food Pantry are pleading for donations to care for the needy. This is also in response to the many who have said to let them know when help is needed and it is sorely needed now. Our hours remain the same ... Wed. 4:00-5:30 and Sat. 10:00-11:30 a.m.

HERE'S HOW TO DO IT

Keep your heart healthy now to prevent Alzheimer's disease in later life

Maybe it was inevitable that scientists would find that almost every late-life condition is linked to how we live our lives for decades before. But they are surprised at how the link between heart health and Alzheimer's disease has emerged.

Neuropsychiatrists at Johns Hopkins University School of Medicine say it appears that reducing your risk of heart attack or stroke also helps to keep oxygen-rich and nutrient-rich blood pumping into your brain. Brain cells can then stay healthy and keep areas of the brain from withering. Withering causes symptoms of Alzheimer's disease such as memory loss, disorientation, and erratic behavior.

Some experts say the buildup of plaques in the arteries of cardiovascular patients is similar to the buildup of plaque in the brains of people with Alzheimer's disease.

The new discoveries provide hope that the strategies used to prevent heart attack and stroke can also prevent Alzheimers. Their advice:

Control blood pressure. Keep it at 120/80 or less, whether by diet, exercise, weight loss, or taking drugs. A Swedish study shows that lowering blood pressure with medication significantly reduces the risk of Alzheimer's.

Prevent or control type 2 diabetes. Diabetes damages blood vessels, which reduces blood flow to the brain. Maintaining a healthy weight is important.

Fight bad cholesterol. Studies show elevated low density lipoprotein (LDL) may contribute to beta-amyloid plaques that are typical of Alzheimer's.

Increase good cholesterol with diet and aerobic exercise. People with the highest levels of HDL are far less likely to get Alzheimer's. Eat well. Get plenty of antioxidants, B vitamins, and folic acid. Eat fruits, vegetables, and dairy products. Buy whole grain bread, rice, and pasta. Get healthy fats from nuts, seeds, fish, and olive oil.

BRAIN HEALTH AND EXERCISE

Regular exercise has long been considered helpful in preventing dementia. Now a new report in the American Journal of Epidemiology says studies show that exercise variety matters more than intensity. Variety makes the brain work more so it stays healthier.



Bus Service 375-2510 Sunday School9:30 a.m. Worship10:30 a.m. Evening Worship.....6:00 p.m. Youth Group (Wed.).....6:00 p.m. Wed. Midweek Service......6:30 p.m. UNITED CHURCH OF CHRIST

Todd Winkler, Youth Minister

Ruth Moreland, Secretary & BS Supt.

Fellowship9:15 a.m.

Worship & Communion9:30 a.m.

Sunday School10:45 a.m.

DILLMAN UNITED BRETHREN

8888S 1100W-90, Warren

375-2779

Dick Case, Pastor

Sunday School.....9:30a.m.

2nd Worship Service10:30a.m.

Youth Group (6th-12th).5:30p.m.

(3yrs old - 5th grade) ... 6:30-8p.m.

McNATT UNITED METHODIST

375-4359

Bill VanHaften. Pastor

Lois Slusher, Supt.

Sunday School10:30 a.m.

..8:30 a.m.

..9:15 a.m.

Sun - 1st Worship Service..... 8:15a.m.

Wed - Circle of Friends

Coffee Fellowship.....

Worship.

375-2102 Charles Dye ,Jr., Pastor Junior Church 10:00 a.m. Sunday School 10:30 a.m. Communion 1st Sunday of the Month Fun Factory 1st/3rd Sundays 6:00p.m. THE NEW BEGINNING SR 218. 2 1/8 mile west of Poneto

Steve Sutton, Pastor 765/728-2065 for more info Sunday Worship.....10:30a.m. ThursdayPrayer Meeting 7:00 p.m.

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WARREN 1st BAPTIST CHURCH Corner of N. Wayne & Matilda Sts. Rev. Bill Fisher, Pastor of Preaching and Discipleship
Rev. Robert Bothast, Pastor of Family Life Debbie Wiley, S.S. Supt.
Sunday School9:00 a.m. Sunday Worship10:00 a.m. Sunday Evening Service6:00p.m. VB UNITED METHODIST CHURCH
765-934-1431 Pastor Blake J. Neff Youth Pastor Adam Pierce
Worship Service 9:30 a.m. Sunday School 10:45a.m. UMYF 6-7:30 p.m. Prayer-Bible Study (Thur) 7:30 p.m.
www.vanburenumc.org BOEHMER UNITED METHODIST Rev. Barry Humble, Pastor
Joe Kober, S.S. Supt. Sunday Worship
101 N 400 E - Marion, IN 765/664-8726 Timothy Helm, Senior Pastor
1st Worship
Programs PLUM TREE UNITED CHURCH OF CHRIST
375-2691 Dr. Jeane Spoor, Pastor
Sunday School9:30 a.m. Worship10:30 a.m. LANCASTER WESLEYAN
468-2411 Doug Sharrard, Pastor Teresa Davis, S.S. Supt. Sunday School9:30 a.m.
Worship10:30 a.m. Evening Service6:00 p.m. Wednesday:
CYC/Teen/Adult Meetings7:00 p.m. UNITED METHODIST MEMORIAL HOME SUNDAY: Morning Worship9:30 a.m.
OTHER SERVICES BY ANNOUNCEMENT Tues, Thurs, Fri & Sat Chapel Services9:00 a.m.
MOUNT ETNA WESLEYAN Rev. Charles Dederick, Pastor Sunday School9:30 a.m. Worship10:30 a.m.
Sunday Evening6:00 p.m. Mid-Week (Wed)6:00 p.m. ASBURY CHAPEL
UNITED METHODIST 8013W 1100S - 90, Montpelier Rev. John Wallace, Pastor
Worship

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Area News

More Page 1

Huntington Fire Department will be present with their Smoke House and a lot more fun activities for the entire family.

Major sponsors for the event are MarkleBank, Kline's CPA, Bowen Center, Teacher's Credit Union and Focus Capital Group.

"Our goal is to provide a fun filled day with activities that will be of interest to the entire family" says Jan Williams, executive director. The event is a fundraiser for the agency.

To learn more about the event or the agency contact the office at 356-9681 or 1-800-298-5444. Questions may also be sent to vsbadm@choicemail.com.

MEDICARE D

Your Pharmacist, Terry Daniels, of the Warren Pharmacy, recently attended a conference in Indianapolis sponsored by the Indiana Pharmacist¹s Association. Seminars were focused on the new Medicare Part D Prescription Drug program, Medicaid & Medication Management.

Beginning January 1, 2006, a new program will provide prescription drug coverage under Medicare. It will be a VOLUN-TARY program, which provides Prescription Drug INSURANCE for all people who are eligible for Medicare. It will be administered through dozens of Insurance Companies and hundreds of different plans. Not everyone will need this coverage.

Those who already have Prescription Drug coverage through their employer or retirement plan may not want, nor need, this coverage. People who have both Medicare & Medicaid will be automatically enrolled in a plan! Enrollment will not begin until November 15, 2005.

As with any Insurance plan, there will be Premiums, Deductibles and Copays. For now, the important thing to do is to become informed about the program and whether or not you should choose to enroll in a plan.

If you are a Medicare beneficiary with limited income and resources, you may be able to get extra help paying for prescription drugs under this program. You will need to apply NOW to Social Security to see if you qualify for help paying for your monthly premiums, deductibles and co-payments under this new prescription drug

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program. The Social Security office in Wilkes Barre, PA has mailed out millions of applications to Medicare recipients, which it believes might qualify for extra help. If you have received an application and think you might qualify for this assistance, you MUST fill out the 5 pages & 16 questions and SEND it in. This DOES NOT enroll you in a Medicare Part D program. It will only allow you to know if you QUALIFY for help paying for your monthly premiums, deductibles and co-payments. For info call: 1-800-MEDICARE. The form can also be found online at: http:// www.socialsecurity.gov/pubs/ 10015.html

For more information on these or other pharmacy topics, make an appointment to ask your Pharmacist.

TRADER **D**AY

Blackford County Fairboard in Hartford City is having a Traders Day, Live Animal Swap Meet, Rummage and Craft Sale, Consignment Sale. This will be held September 24th at the Blackford County Fairgrounds. If you are interested in renting a booth space please call 1-765-348-3213 for application and information.

To Dedicate Range

J. Edward Roush Lake will hold a dedication ceremony Thursday. August 25 at 10 a.m. to mark the opening of a new shooting range.

The public is invited to attend the groundbreaking festivities. Light refreshments follow the ceremony at the range. On the day of the dedication, the range will be open free of charge to the general public after the ceremony.

"With 33 stations for shooting rifle and pistol, accessible restrooms, and a voice-activated trap range that can accommodate four shooters, this new shooting range is sure to draw marksmen from miles around," said Kyle Hupfer, director of the Indiana Department of Natural Resources (DNR). "We're delighted to be able to offer this state-of-the-art facility to our fellow Hoosiers."

Special speakers for the ceremony include: Hupfer; Robyn Thorson, regional director of federal assistance with the U.S. Fish and Wildlife Service; State Representative Dan Leonard and Rose Meldrum, director of the Huntington County Convention and Visitors Bureau. Dan Bortner, director of the Division of State Parks and Reservoirs, will serve as master of ceremonies.

Service's Federal Assistance program led to construction of this facility. Roush property manager Jeff Reed said, "We are excited about the opportunities that are available for the public here at Roush Lake and the increased visitation this feature will provide for Huntington County.'

The shooting range at J. Edward Roush Lake is located east of Highway 5 on Division Road in Huntington County. Regular hours are Tuesdays through Sundays from 9 a.m. to 7 p.m. Hearing and eye protection are required and may be purchased, along with targets and ammunition, from the Range Master's Headquarters at the range.

The normal fees are \$4 for adults and \$2 for those 16 and under. An annual range pass is available for \$80. The range pass is not interchangeable with regular property entrance permits.

For more information, an agenda for the dedication or directions to the range, call J. Edward Roush Lake at 260-468-2165.

DEER HERD REDUCTION

About 1000 hunting opportunities remain unfilled for each of the two-day DNR park deer herd management hunts. Several parks still have 75 percent of their volunteer hunter quotas empty.

"A lot of people call asking where their best odds are of being drawn for a hunt," said DNR chief interpreter Ginger Murphy. "Their best bet is applying for a hunt at one of 10 deer-reduction parks that currently have 35 percent or less of the applicants needed for a complete draw.

One state nature preserve and 16 state parks show damage from too many deer and are slated for controlled deer herd reduction hunts on Nov. 14, 15, 28 and 29.

Location, number of hunters drawn for each two-day reduction, and hunter drawing quota percentage filled.

-Chain O'Lakes State Park, 110, 78 percent full

-Charlestown State Park, 80, 88 percent full

-Clifty Falls State Park, 130(limited to archers), 15 percent full

-Ft. Harrison State Park, 200(limited to archers), 26 percent full

-Harmonie State Park, 170, 42 percent full

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LUMBING • WELL SERVICES • HEATING • COOLING • PROPANE • PLUMBING • WELL SERVICES • HEATING • COOLING

Area News Continued

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-Lincoln State Park, 80, 28 percent full

-McCormick's Creek State Park, 80, 31 percent full -Ouabache State Park, 50, 76

percent full -Pokagon State Park, 60, 28

percent full -Shades State Park, 155, 25

percent full

-Shakamak State Park, 60,23 percent full

-Spring Mill State Park, 60, 25 percent full

-Tippecanoe River State Park, 130, 37 percent full

-Turkey Run State Park, 100,19 percent full

-Versailles State Park, 295, 21

percent full -Whitewater Memorial State

Park, 85, 35 percent full

-Twin Swamps Nature Preserve, 30, 83 percent full

Applications to participate in a deer herd reduction are available at state park and state reservoir offices, or in the DNR's Indiana Hunting and Trapping Guide, available in sporting goods stores and DNR offices, or at http://www.in.gov/dnr/ parklake/index.html.

Completed applications must be postmarked no later than Sept. 6, 2005.

Completed applications also may be hand-delivered to 402 W. Washington St., Room W264 in Indianapolis any business day until noon (Indianapolis time), Friday, Sept. 9.

Properties holding a hunt will be closed to the public on the days of the reduction.

OPT-OUT SERVICE

New provisions in federal law require pre-approved offers to uniformly notify consumers of option.

Indiana Attorney General Steve Carter is reminding Hoosiers that they can remove their names from the lists that the major credit reporting agencies sell to companies that send preapproved credit offers. Since August 1, 2005, pre-approved offers sent in the mail must include the phone number and website of the consumer optout service in bold typeface, on page one of the offer.

"People who do not wish to receive pre-approved solicitations through the mail can optout by completing an online form or by calling a toll-free phone number," Indiana Attorney General Steve Carter said. "Opting out of solicitations may be a good idea for people who are concerned about identity theft or simply want to stop receiving the unwanted mail."

Under the Fair Credit Reporting Act in of 1996, credit reporting companies were required to set up the opt-out system and notify consumers of their rights to decline pre-approved offers and applications. However, the new Fair and Accurate Credit Transaction Act of 2003 streamlined the notification of the optout system for uniformity.

The opt-out service is available at www.optoutprescreen.com. An online form must be completed. The service, a cooperative venture between Equifax, Experian,

Trans Union, and Innovis, allows consumers to opt-out of receiving pre-approved offers for a five year period or permanently. Consumers can also call 1-888-5-OPT-OUT.

Credit reporting agencies sell consumers' credit scores to companies who offer pre-approved offers. The opt-out service allows the consumer to determine if their credit score is released to these companies.

"While opting-out may reduce the amount of junk mail, it may not eliminate every offer," Carter added. "In order to eliminate solicitations from other companies with whom you conduct business, you may be required to write each company directly."

Removing a name from the pre-approved list does not affect the ability to apply for or obtain credit or insurance.

INSTRUCTOR WORKSHOPS

Adults interested in volunteering as 4-H Shooting Sports Instructors are invited to attend the fall certification training September 9-11 at Ross Camp, near Lafayette, Indiana.

Volunteers may select one of seven disciplines that include: Archery, Pistol, Hunting/Wildlife, Muzzleloading, Rifle, Shotgun and Coordinator.

Cost of the workshop is \$125 which may be sponsored by the Wells County 4-H Program if the volunteer plans to work with the 4-H program in the coming year.

The workshop focuses on teaching adults how to educate and demonstrate basic safety and shooting skills to young people. Participants will have hands-on training at the camp facilities.

For more information and application forms, contact the Wells County Office of the Purdue Cooperative Extension Service, 260-824-6412. Registration is due August 26.

COUNCIL NOTES

On Monday evening, Aug. 8, the Warren Town Council met in Assembly Hall. President David Scheib opened the meeting at 6:30 p.m. and all in attendance repeated the Pledge to the American Flag. Minutes of a special meeting on July 11 and a regular meeting on July 25 were approved as submitted.

A Boy Scout was in attendance at the meeting to learn about town government procedures. He is working for a community service badge.

In a report from the Park Board meeting prior to the Council meeting, Kim Coolman requested a pipe be removed from the ball diamond, weeds be cut on the tennis court and a gate was down. The next Park Board meeting will be held Sept. 12.

Council accepted a bid of \$1240 by Phoenix Fabricators for water tower inspection.

A '94 dump truck had been purchased for \$12,500 to replace a 1985 model. The '94 truck also has a hydraulic snow blade.

Council agreed with advice from Greg Guerrettag to discontinue an Electric Cost of Service Study as negotiations for the electric service contract of AEP are currently underway. Guerrettag is expected to schedule a work session in the near future.

Council agreed to accept an I&M Confidentiality policy as part of the negotiation procedure.

Clerk-Treasurer Marilyn Morrison presented the July Financial report.

An Indiana Downtown Community Roundtable meeting was held in July in Indianapolis. The meeting was attended by Marilyn Morrison and officials from other communities in the Hyatt/Palma project.

A transformer was purchased Monday for the golf course.

Fire Chief Tim Ford asked about progress of a Grant for the Department. The Department had received \$1200 from the Maurice Zeller family.

Ford said the Department has a chance to purchase a used air compressor.

Town Marshal Steve Donnelly presented his monthly report to Council.

An IACT Conference is scheduled to be held in Fort Wayne with Town Day to be on Monday.

The next Council meeting will be Aug. 22.

Host Dancers

The Roanoke Chamber of Commerce will host the seventh week of the ten-week long Roanoke Fanners' Market this Saturday morning, August 20th, 2005, on lovely Main Street. Roanoke. The Farmers' Market attracts vendors and visitors from around the area and provides a familyfriendly atmosphere for all to enjoy. The Farmers' Market is open each Saturday morning and will end September 10th. The market is open from 8 a.m. until noon each week. Free entertainment is provided for children and the young at heart. This week, a group of dancers from the Fred Astaire Dance Academy in Fort Wayne will entertain the crowd. In addition, the Roanoke Fire Department will have equipment onsite on which children can get their pictures taken. Face painters will also be at the market from 9:00-11:00. Some noted vendors this week include Witmer's Produce, the Roanoke Lions Club and their great sausage sandwiches, Dalton Pais and produce from his garden, Joseph Decuis with fresh baked breads and pastries, David Doud's County Line Orchard, the Espresso Gallery with coffee and pastries, and several others. Check the Chamber's website. www.discoveroanoke.org for details.

COMPLETED

The Summer Reading program, "Life of a Pioneer" was successfully completed at the Van Buren Public Library with 37,798 pages being read and 383 books being read by the over 50 participants.

Winners in each group are: Ages 0-6: Klayton Kitts read 114 books. The group total was 183 books. Ages 7-10: Kaley Kitts read 1866 pages with the group total of 8694 pages. Ages 11-13: Tommy Fleming read 9290 pages and the group total of 21140 pages. Ages 14-adult: Katelyn Hodge read 2179 pages. The group total was 7964 pages.

Prizes were donated by the following businesses: Karen's Country Bloomers, PJ Flowers, Gebharts Floral Barn, Creative Elements, Time-Out Tavern, The Other Place, Marsh North, Hemmicks Hardware, Subway at Warren, Deweese Appliance, McDonalds, Fort Wayne Wizards, Ackley Automotive, Natatie Jeanne's, Huggy Bear, Van Buren Auction House, Walgreen's, Modern Tool, Marion School Employees Credit Union, MarkleBank, Deb's Ceramics, Home Depot and Mike Anderson Dodge. Thanks to all of these places for supporting our program.

And, readers - we are already planning the programs for 2006 so we hope you plan on the reading program in 2006.

REUNION HELD

The Shaw Reunion was held August 7, 2005 at David and Carolee Snyder's home south of Hartford City.

Prayer was given by Carolee and a potluck meal was enjoyed by all. A short business meeting was held with the officers staying the same. It was decided to have the reunion every other year with the next one being the first Sunday in August, 2007 Carolee reported Marjory Shaw had called from Colorado. Updates on other families were given. Pictures were taken. David showed a video of Purdue's Alumni drill team he had participated with recently.

Those attending were: Andrea Hough and Evan of Indianapolis; Dwight and Shirley Shaw of McCordsville; Gene and Julie Miller, Lee and Naomi Miller of Urbana; Doris McFarren of Bluffton; Lynn and Mary Shaw, Ellen Buckland of Warren and the hosts David and Carolee Snyder.

REUNION PLANNED

The descendents of J. Frank and Ola (Irwin) Good, who would be the families of Howard Good, Guy and Lena (Good) Myers, Charles and Ruby (Trusler) Good and Roger and Zerelda (Andrew) Good, all of whom have been former residents of Warren at one time or another, are inviting distant relatives, former neighbors and friends of their descendents to join them for their Family Reunion to be held at the Knight-Bergman Civic Center on Saturday, August 27, 2005.

This is a carry-in meal so bring a covered dish and your own table service. Meat and drinks will be furnished.

Arrivals will begin at 11 A.M. The meal will be served at 1 P.M. and visiting until...

Any questions may be referred to Mrs. Nancy Meyer, 234 W. Jefferson St., Tipton, Indiana 46072. Phone 765-675-2945 email: jnmeyer@tds.net.

EUCHRE CLUB

The Jackson Township Euchre Club met at the home of Jo Banter. Marge Jones won High, Joyce Willman won Low and Carolyn Carroll played the most lones. Others enjoying the evening were Sharon Gephart, Mary Ann Monce, Sharron Roush, Mary Jo Zoda, Phyllis Dickey, Florence Taylor and Jane Lieurance. Next month we will meet at the home of Sharron Roush.



GENEALOGY REPORT

THANK YOU

Thank you to Kim and Joan Prible, Joyce Sorg, the Lunch Bunch and the rest of Warren, for all of your help in the loss of our father.

> Tim Ehrhart Jatan Ehrhart

THANK YOU

My heartfelt thanks for the many, many cards, flowers, memorial gifts to Hospice and words of sympathy and love in the loss of my beloved son, Lance. I had not realized that I was blessed with so many dear hearts who cared and shared their love with me.

> Thank you, Lord Lilly Nutter

PEARSON

Former owner of the Keystone Corner Store in Keystone, Roland "Ron" Pearson, 82, of Upland died Tuesday, Aug. 9, 2005, at University Nursing Center in Upland.

Mr. Pearson served in the U.S. Army during World War II and was a member of the Millard-Brown American Legion Post #156 at Montpelier. He served on the post's firing squad for many years.

Born Dec. 24, 1922, in Blackford County, he was a son of John and Sarah Doragh Pearson. A graduate of Chester Center High School, he was a former resident of Geneva, Keystone and Montpelier, and was a member of Geneva United Methodist Church.

His marriage on Sept. 7, 1947 at Keystone was to Annalou Dale, who preceded him in death on Aug. 2, 1984.

Surviving are a daughter, Mrs. Gwyn (Elizabeth Ann) Edwards of Newark, Del.; two sons, Jeffery Pearson of Saint Augustine, Fla., and Steven Pearson of Elkton, Md.; a sister, Carolyn Morris of Decatur; three brothers, Alfred Pearson of Bluffton, Donald Pearson of Warren and William Pearson of Marion; seven grandchildren and three great-grandchildren.

He was preceded in death by a sister, Frances Hanson, and a brother, David Pearson.

Services were held at Glancy Funeral Homes - Walker Chapel in Montpelier with Pastor Rich Hadley officiating. Burial was at Brookside Memorial Park, Montpelier. Millard-Brown American Legion Post #156 was in charge of military rites.

Preferred memorials are to the Millard-Brown American Legion Firing Squad.

BARNES

A former Bluffton resident, Robert E. Barnes, 77, of St. Petersburg, Fla., died Saturday, Aug. 6, 2005, at St. Petersburg. Mr. Barnes, a sales executive in the electronics industry, was a Bluffton High School graduate. He attended Purdue University and served in the U.S. Navy. He was a member of the Elks Lodge and American Legion Post 111.

He was born Sept. 26, 1927 in Bluffton to Charles and Thelma Robison Barnes. His marriage Jan. 31, 1953, in Warren was to Mary Eltzroth, who survives.

Also surviving are a daughter, Andrea Brent Barnes of Linthicum, Md.; two sons, J. Bradford Barnes of California and Ryan K. Barnes of Summit, N.J.; a sister, Gertrude Monroe of Bluffton; a brother, Richard Barnes of Fort Wayne; and three grandchildren.

No services or visitation are planned.

Births

Dathen and Lisa Schoeff Strine, Warren, are the parents of a daughter, Kinsey Lynn Strine, born at 4:50 p.m. July 26, 2005 at Parkview Huntington Hospital. The baby weighed 5 pounds, 11.9 ounces at birth.

Grandparents are Terry and Carol Schoeff, Huntington, Robert and Mallie Sparks, Warren, and Doug Strine, Hartford City. Great-grandparents are Harold and Mary Louise Rich and Ruth Schoeff, all of Huntington, John and Norma Strine, Hartford City, Phil and Mattie Edwards, Montpelier and Carolyn and Dale Sparks and Gene Nichelson, all of Warren. Wretha Darnell, Hartford City, is a great-greatgrandmother.

Trent and Christina Tedlock McCarver, Warren, are the parents of a son, Cole Wesley McCarver, born at 3:33 a.m. August 1, 2005 at Bluffton Regional Medical Center. The baby weighed 5 pouns 8 ounces and measured 19 1/8 inches. He joins a sister, Kayla, age 13 and a brother Cam, age 1 ½.

Grandparents are Mike and Georgene Tedlock of Walton and James and Joyce McCarver of Warren. Bill and Metta Tedlock of Kokomo are the great-grandparents.

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Area News Continued



GRADUATED **B**ASIC

Air Force Airman 1st Class Zachary A. Gentis has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and military customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

Gentis is the son of Tracy and Rhonda Gentis of 5429 West 500 South, Warren, Ind.

He is a 2004 graduate of Southern Wells High School, Poneto, Ind.

Prevent LIFE-THREATENING INFECTIONS

August is National Immunization Awareness Month

Vaccines are a key to a healthy life for people of all ages and cultures. They have been used since the 1700s and are recognized as among the safest and best ways to prevent a variety of diseases.

Before school starts, the Centers for Disease Control and Prevention recommends that children receive vaccines against diphtheria, tetanus, pertussis (whooping cough), mumps, rubella, chicken pox, and polio.

Adolescents should be vaccinated against hepatitis A, hepatitis B, and meningococcal disease, as well as any immunizations they have missed earlier. Because of the recent rise in pertussis cases, those who have not been vaccinated against it for five to 10 years should get a booster shot.

Those recommended for adults include vaccines against influenza, pneumonia, tetanus, and diphtheria.

For more information, visit: <u>www.partnersforimmunization.org</u>.



BACK TO SCHOOL WITH FIRSTGOV.GOV

Starting back to school means lots of homework assignments for parents as well as students. But you can find all the answers you need-from vaccination requirements to financial aid application forms on FirstGov.gov, the official web portal of the U.S. government.

Start the school year off right. Get tips on healthy lunches and activities to help your child succeed in school. FirstGov.gov has it all-just click on "Back to School" from the FirstGov.gov homepage.

Whether your child is starting kindergarten or heading off to college, FirstGov.gov can help you deal with problems they may encounter-whether it's getting help with homework, avoiding the class bully or making a move to greater independence. There are online resources especially for parents, students of all ages, and teachers.

FirstGov.gov is organized by subject-not by confusing government terms-to help take the stress, and the mystery, out of getting the government help you need. So get the whole family back into the school groove, with FirstGov.gov

For even more information, go to the FirstGov.gov homepage and check out "Your Most Asked Questions." You can also use the "We Answer Your Questions" link to e-mail your questions and comments, and you'll get an e-mail answer in less than two business days. If you'd rather ask your question over the phone, just call toll-free 1(800) FED-INFO, (that's 1-800-333-4636) Monday through Friday 8 a.m. to 8 p.m. Eastern Time for the same great help.

Don't let the tardy bell catch you-log onto <u>http://</u> <u>www.FirstGov.gov</u> today, it's government made easy.

FINANCIAL PLANNING

You don't have to be rich to have a financial plan.

Financial planning can help you meet your life goals-whether it's buying a home or a car, saving for your child's education or planning for your retirement. Use "What You Should Know About Financial Planning" from the Securities and Exchange Commission and the Certified Financial Planner Board of Standards to learn the benefits of having a plan. Find out what you can do on your own and when you need help from a financial advisor. For your free copy, send your name and address to the Federal Citizen Information Center, Dept. 581M, Pueblo, CO 81009. Or call

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LUNG CANCER

More women die each year of lung cancer than breast cancer. And if you smoke, the longer you do, the more likely you are to develop lung cancer. Read Lung Cancer, a fact sheet from the Food and Drug Administration's Office of Women's Health, to find out symptoms to watch for, early diagnostic tests that are available, treatments and more. This publication is free. For your copy, send your name and address to the Federal Citizen Information Center, Dept. 567M, Pueblo, CO 81009. Or call toll-free 1 (888) 8 PUEBLO, that's 1 (888) 878-3256 and ask for Item 567M. And visit http://www.pueblo.gsa.gov to order online and to print out this and hundreds of other FCIC publications for free.

BEATING THE ODDS

by Joe Reed We all know how it feels to get a door slammed in our face, however one of our clients, Steve Randall has experienced it a lot in the past year. The following is a story by Employment Specialist Joe Reed of Resource Connection, about his client and good friend Steve Randall.

Steve and I had literally gone to every restaurant, retail store, and factory in town with absolutely no luck getting him a job. He was incredibly pro-active in the process, bringing piles of applications to my office when we didn't have appointments, leaving them for me to fill out for him (I helped him fill out his applications). He has had really strong work experience (stayed at his last job for 17 years), but for whatever reason, we couldn't get him anything.

Then one day one of my other clients quit his job at a farm down in Warren. I called David Raab, owner of Ray of Hope Farm, and set up an interview with him and Steve. As soon as we walked in the door. David began explaining what the job would consist of. Before we knew it. Steve was offered a job. It all happened so quickly. even though it had previously taken us ten months to find him anything. It took us about twenty five minutes to get back to his house from the farm, and the whole time, Steve and I were giving each other high fives,

laughing, and having a great time together. As Steve got out of my car, he went to shake my hand, looked me dead in the eye and said, "God is always good isn't He?" I couldn't believe it. Through all of this struggle of getting him a job, all of the doors slamming in his face, he can look back at all of that and still say that God is good. He put me in my place and reminded me of how God had been good to me in my life as well, even though it doesn't always seem that way.

Steve's story, to me, is a story about perseverance through difficulty. His attitude through the course of his job search was never negative. When I as his job coach had run out of ideas, Steve reminded me that God would take care of his needs, not Joe. And when everything was finished and he got his job, he remembered who got him that job and thanked God for His goodness. Steve Randall has made a profound impact on my life and I will be eternally grateful to him for the lessons he has taught me.

Small Changes Make a Big Difference

(NUI) - Thousands of women across America are learning that the secret to improving their health lies not in the big changes, but in the small ones.

Drastic changes are often difficult to maintain - particularly when it comes to health, fitness and nutrition. In fact, the average diet lasts only 42 days, and well-intended gym memberships frequently go unused after only a few weeks of intense workouts. Instead of setting themselves up for failure, more women are pledging to make simple life changes that lead to better health.

"There's an old Chinese proverb that says the journey of a thousand miles begins with a single step," said Florence Henderson, national honorary chair for Speaking of Women's Health, a national, nonprofit organization dedicated to educating women to make informed decisions about their health, well-being and personal safety. "If a woman can make simple pledges to change the small things in her life - taking the stairs instead of the elevator she's on her way to leading a healthier life."

Henderson and Speaking of Women's Health have joined forces to encourage women to pledge to make one healthy change in their lives each day. From eating one extra fruit or vegetable each day to learning the warning signs of a heart attack in women, simple pledges are small changes that can make a big difference. The pledge is part of Speaking of Women's Health's national "Take a Pledge for Better Health" campaign that asks women to consider the big differences small changes can make in their health and wellbeing.

On Oct. 15, all Wal-Mart stores nationwide will host a Speaking of Women's Health Community Event from 10 a.m. to 5 p.m. where women can take the pledge for better health and receive a free copy of "Simple Pledges: Building Blocks for Healthy Living." The event also will feature educational brochures, free health screenings and pampering activities.

"Pick small pledges that are realistic, achievable and fun," said Dianne Dunkelman, president and founder of Speaking of Women's Health.

To "Take a Pledge for Better Health," log on to www.speakingofwomenshealth.com, or visit any Wal-Mart store on Oct. 15.

New Treatments Help Women Fight Breast Cancer

(NUI) - Breast cancer is the most common cancer among women. This year, 213,000 women and 1,700 men will learn they have the disease. If caught early, breast cancer can be readily treated and often cured.

Years ago, the only treatment for breast cancer was surgical removal of the entire breast (mastectomy). Now, doctors can allow most women with earlystage cancer to keep their breasts by performing a

CONTINUED PAGE 8



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9/2~ **46th ANNUAL SLUSHER** REUNION

The descendants of William C. and Daisy Mae Slusher will hold their 46th annual family reunion on Sunday, August 28th, 2005 at the Dillman U.B. Church Fellowship Hall. The family reunion will begin at noon with a carry-in lunch starting at 12:30. Chicken will be provided. Note: It was decided to not hold the white elephant auction this year. Bring the family out for an enjoyable meal and an afternoon of summer fun. 8/26~

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NOTICE: Homes magazines are now available in front of the new office for GDW Construction & Design (233 N Wayne St) not next to the Post Office.

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Bread of Life





Area News Continued

MORE PAGE 6

lumpectomy (surgical removal of the tumor) and following up with radiation therapy and sometimes chemotherapy. Studies have shown that breast-conserving surgery plus radiation therapy is just as good as a mastectomy and may be preferred by many women.

After a lumpectomy, most patients will undergo external beam radiation therapy, which involves a series of daily outpatient treatments to accurately deliver radiation to the entire breast. Each treatment lasts less than 30 minutes; treatments are given five days a week for five to seven weeks.

In a few parts of the country, doctors are testing ways to deliver radiation to only the part of the breast where the tumor was removed. Breast brachytherapy involves placing flexible plastic catheters or a balloon into the breast. Over the course of one to five days, the catheters or balloons are connected to a machine that briefly delivers high doses of radiation to the affected area of the breast.

Radiation oncologists also are testing ways to deliver external beam radiation to only part of the breast or to give radiation during surgery.

These new treatments are still being studied and are not recommended for everyone. Talk to your radiation oncologist for more information or to see how you can take part in a clinical trial studying these techniques.

Patients often experience little or no side effects from radiation therapy and are able to continue normal routines. Possible side effects can include skin irritation, similar to a sunburn, breast swelling and fatigue.

Before undergoing any treatment for breast cancer, talk with several cancer specialists, including a radiation oncologist,

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to find out what treatments are available for you. For a free brochure on breast cancer, visit www.astro.org/patient or call (800) 962-7876.

NIGHTS? **S**LEEPLESS Stress Relief Could Bring Restful Sleep

(NUI) - You've counted sheep. You've tried sleeping pills. Still, you can't fall asleep.

At bedtime, your mind racing. Your body cannot relax. Could stress be the culprit?

Stress can have a variety of effects on the body. It can lower your immunity, raise your blood pressure and overstimulate the stress hormones, triggering a "fight or flight" response.

Consequently, in times of extreme stress, it's not unusual to have difficulty falling asleep, according to CyberWize.com, maker of Vital StressX, a supplement designed to help your body cope with stress.

Findings published in the August 2001 issue of the "Journal of Clinical Endocrinology and Metabolism" suggest that a consistent 24-hour hyperarousal of the stress response system leads to chronic insomnia. Additionally, the research says, prolonged activation of the stress response system is a risk factor for psychological problems such as depression and anxiety.

Vital StressX contains a unique combination of seven herbs, known as adaptogens, which are proven to control cortisol levels, according to Cyber Wize.com. This blend of adaptogens, discovered by the Soviet Academy of Sciences, also is believed to help boost energy and endurance, promote heart health, sharpen memory and alertness, supercharge immune power, and help fend off and repair

damage to your body's cells. "Vital StressX is likely the best first step in stress management," said Dr. Ronald Wheeler, a urologist in Sarasota, Fla.

Here are some additional tips from CyberWize.com on reducing stress to help you get a full night's sleep.

Maintain a routine sleep schedule. Go to bed and wake up around the same time each day.

* Create a peaceful environment in your bedroom.

* Clear your mind of worries and stressful thoughts before bedtime.

* Do not eat heavy food before bed.

For more information, visit www.vitalstressx.com or call (800) 320-8807.

New Help for Arthritis SUFFERERS

(NUI) - Baby boomers, and even younger Americans, are finding that those aches and pains that used to happen only when they worked or played extra hard are now happening on a daily basis. Whether it is the simple act of opening a new jar of pickles or the act of cleaning that longneglected garage, the end result is all too often the ache and misery of osteoarthritis.

When these aches and pains begin to be a regular part of every day, Americans begin looking for something -; a pill, a potion, or maybe a lotion - that will make the pain go away or at least make it bearable.

For many, this relief has come in the form of glucosamine, used to help build cartilage. These aging tissues, the cartilage matrices, are the source of many of those aches and pains that more and more Americans are feeling each day. Doctors and scientists have confirmed what many arthritis sufferers have been saying - a regular dose of glucosamine helps relieve the symptoms of arthritis, and aid in joint restoration.

Additionally, Celadrin, a combination of naturally occurring

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fatty acids, is reportedly beneficial in helping the body rebuild the cushioning tissues of the joints.

According to Dallas-based Mosaic Nutraceuticals, Celadrin combined with glucosamine may offer the best way to ease the pains of osteoarthritis. The company's Joint-2-Life supplement has optimum levels of both glucosamine and Celadrin.

Available as a pineapple-flavored candy chew or in easy-toswallow capsule form, Joint-2-Life may be the easiest way to ease the pain of aging Americans.

For more information or to order a supply of Joint-2-Life, visit www.mosaictoday.com or call (214) 866-0045 or (888) 7-MO-SAIC. The Mosaic Web site also contains scientific information about the company's line of nutritional products as well as links to other health-related information.

Supplements containing a combination of glucosamine and Celadrin may ease arthritis pain and help keep you active.

New Tool Helps Seniors PLAY IT SAFE BEHIND THE WHEEL

(NUI) - Americans are living longer than before. If you're over 65, you are part of the fastestgrowing population in the U.S., thanks to today's advanced medicine and healthier, active lifestyles.

If seniors can be found swimming, jogging and golfing, then who's to say when they become too old to get behind the wheel? By 2020, there will be more than 40 million licensed drivers age 65 and older, according to AAA. Although they are more likely to wear their seatbelts, less likely to drink and drive, and less likely to speed, senior drivers are more

likely to be seriously injured in a car crash.

Seniors have the second-highest crash death rate per mile next to teenagers, and are at the highest risk for intersection crashes. They also are more likely to injure themselves than others in a crash.

In a recent AAA survey of more than 1,000 seniors, nearly 90 percent said they drive themselves to get around on a daily basis. And next to financial security and the cost of health care, seniors are most concerned about their ability to get around in the future.

This concern, and the apprehension many families share over whether older loved ones should drive, has prompted AAA to make efforts to help seniors improve driver safety.

The automobile association has developed "Roadwise Review: A Tool to Help Seniors Drive Safely Longer," a computer-based screening tool that enables older drivers to test their cognitive, physical and visual abilities in the privacy of their own homes.

The tool helps identify physiological changes that could affect driving and problem areas correlated with crash risk. For instance, it tests flexibility, the ability to see in low light and to scan across a field of view, all functional abilities critical for safe driving. "Roadwise Review" also offers practical suggestions for improvement.

The measures in AAA Roadwise Review were scientifically validated in a study of crash risk in nearly 1,000 seniors.

For more information, contact your local AAA club or visit www.aaa.com/publicaffairs.



