

Friday, September 17, 2010

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# Warren Weekly

Your Hometown Newspaper

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Thought for the Week: The most important work you and I will ever do will be within the walls of our own homes. Harold B. Lee



## TO OPEN IN OCTOBER

Courtyard Studio will open the first week of October at 223 Wayne Street in Warren, Indiana (260/750-1798). Business hours will be Thursday and Fridays 10:00a.m. to 5:00p.m. and Saturday 10:00a.m. to 3:00p.m. The Studio will have several offerings:

**ART PARTIES:** These will be workshops offered 2-4 times a month on weekdays and weekends. Participants will enjoy a relaxed and playful atmosphere in which to create something fun and also learn interesting techniques with pleasing results. A light lunch, finger foods and always chocolate will be included. The first Art Party we will be making scarecrow dolls.

**GUEST VENDORS AND ARTISTS:** Frequently, area and regional retail vendors and artists will be at the Studio to bring a special shopping experience. On Friday, October 29th, (during the Scarecrow Festival) One World Handcrafters from North Manchester will be in the Studio for a great shopping experience: all proceeds will go to third-world artisans.

**CHALK ART SERIES:** Chalkboards will be available for those who would like to create something (not just drawings) to be displayed inside and outside the studio for a month. All ages will be welcome.

**ART BOUTIQUE:** There will be a boutique open Thursday through Saturday with lovely, clever, and one-of-a-kind ideas of art and specialty items.

### UPCOMING DATES:

**ART PARTIES - Scarecrow Dolls,** Monday, October 11<sup>th</sup> 10a.m. – 4p.m.; **Scarecrow Dolls,** Thursday, October 14<sup>th</sup> 5p.m. – 9p.m.;

**CONTINUED PAGE 8**

## GOSPEL CONCERT

If you like Good Gospel Music, you will "LOVE" This!!!

Allen and Cathy Godsey (The Northmen) & Buddy and Ester Liles (formerly with The Florida Boys Quartet) will be in concert here in Warren at The Hillcrest Church of the Nazarene. Thursday, Sept. 30th, 7PM.

The Church is located at 402 E. 1st Street in Warren, IN.

No Admission Charge Love Offering will be received

## COOKING WITH LOVE

Cooking with Love celebrated its one year anniversary this past June. The classes are a hands-on learning experience that teaches the use of fresh ingredients. We stress a high fiber low fat way of cooking. All participants prepare a different dish and everyone gets to sample the different dishes. It is a collaboration between LOVE INC, A Lo Nuestro and Purdue Extension. With the expansion into Warren the collaboration will include WAMA and the Warren food pantry. The classes meet once a month and the size is limited to ten participants. The date for the first class in Warren is Thursday, Sept 30, 9:30 – 11:30 at the Church of Christ. We will be working with fall produce.

## HOMECOMING

Activities planned this week for Huntington North High School Homecoming are as follows:

Thursday, September 16 - Powder Puff Football, Kick-off is at 6:00 PM at Kriegbaum Field, \$2 Admission, Public is invited.

Homecoming Games will be held between Powder Puff

games. Games Include: Corn Hole, Hotdog eating contest, Greased watermelon relay, Greased Tug-of-War

Come and watch your Viking ladies vie for the 2010 Powder Puff Championship!!

Friday, September 17 – Parade, Starting time: 5:00 PM

Route: Viking Lane Entrance to Huntington City Public Library

Game - 7:00 PM Huntington North Vikings vs. Anderson Indians Half-time: Crowning of Homecoming King and Queen; Parade winners are announced

Come and watch our Vikings "CAN the Indians".

## FREE GOLF

Come enjoy free golf on Saturday, September 18th, at Dogwood Glen, in honor of Heritage Pointe's "100th Year Celebration". For this special day, the green fees will be free, this does not include the cart rental. Please call 375-4750 for tee times. 2011 Membership Rates will be available on Saturday too, and the Fall Discount starts on October 1st.

PLEASE READ  
& RECYCLE



## BLITHE SPIRIT OPENS SEPTEMBER 17

There's a new spirit at the Pulse Opera House, and she's ready to kick up her heels!

Noel Coward's comedy Blithe Spirit centers around novelist Charles Condomine, who is working on a new book. As research for his book, he invites Madame Arcati to hold a séance in his house. The problem is, she's better than he thought, and conjures up a spirit from his past.

Coward reportedly wrote this play in five days while on vacation in Wales. It is a favorite play among theatres world-wide. A recent production on Broadway won Angela Lansbury a Tony for her portrayal of Madame Arcati. The Pulse production features Pulse veterans Matt Stephenson, Stacia Brinneman Dupree, Rachel Jackson, Audrey Dean, Kim Nedberg, Scott Nedberg and Julie Turney.

**CONTINUED PAGE 8**

Troubled? Try Prayer!  
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WARREN WEEKLY is a free paper for the Warren, Indiana area. It is distributed every Friday to rural postal patrons of Warren, Liberty Center, and Van Buren, Indiana. The Warren Weekly is available at Huggy Bear Ice Cream, Dollar General and next to the Post Office in downtown Warren. The Warren Weekly is also available in several businesses in Van Buren. Total circulation is 3200.

It is sent anywhere in the Continental United States for three (3) months for \$12, six (6) months for \$24 or \$48 for one year. Email subscriptions are \$24 per year. Mail name, address, and payment to WARREN WEEKLY at: PO Box 695, Warren, IN 46792.

Deadline for news and/or advertising is 10:00 a.m. Tuesday, for that week's edition. Call if you need something in but won't have it here on time.

Leave news and/or advertising at PJ's Flower and Gift Shop, mail to P O Box 695, Warren, fax to 260.247.2426 or email to [wwkly@citiznet.com](mailto:wwkly@citiznet.com). Van Buren residents may call Mary Jo Zoda at 765-934-3637.

WARREN WEEKLY will make every effort to see that all advertising copy is correctly printed. The firm assumes no financial responsibility for typographical errors in advertising, but will gladly reprint without charge that part in which an error may occur, provided that it is reported within five days of publication.

The publisher takes no responsibility for statements or claims made in any advertisement.

KUDOS, KICKS & KARATS

THE UPTOWN GARDENER  
by Ruth Herring

Fall is definitely in the air and I see many grain trucks going thru town with loads of fresh harvest. This year has passed all too quickly.

At our house we have been doing a lot of lawn repair and new seeding. We decided it was time to eliminate some flower beds and grass in. Much easier for Wayne to ride the mower than for me to dig and plant. I am sure it will look much better when done. I will miss the flower beds but certainly not the work. Hopefully it will give us more time to sit on the deck and enjoy the beds around the deck and watch the birds come to the feeders.

I still have one tomato plant at the edge of the garden and that will keep us in fresh ones probably till frost.

This time of year my mom would send us to the garden to bring in whatever was left that was eatable and that went in to fixings for vegetable soup. She would put up about fifty quarts or more depending on what and how much was left in the garden. She canned the vegetables and added the tomatoes separately when she made the soup, along with beef and the broth. It sure tasted good on the cold winter days, and we had it a lot of times. Quite often she made bread and had it warm from the oven with good jam or apple butter. That was mighty good eating for us along with a fresh baked pie. Mom used the oven a lot in the winter to help with warming the house and the aroma I can still smell of the bread baking. For some reason the soup I make today just doesn't quite add up to hers. I suppose there is a pinch of something she put in nobody knew about, and my bread baking I just don't talk about that.

Our friend gave me a recipe that will be fun and easy to make on a cool morning when the heat from the oven will warm our kitchens.

Maple Cinnamon Pecan Pull Aparts

1/2 cup chopped pecans, 1/3 cup brown sugar, 2 tablespoon butter melted, 1/4 cup sour cream, 1 teaspoon vanilla, 1 can refrigerated cinnamon rolls with icing

Heat oven to 350 spray 8x4 loaf pan with cooking spray. In bowl mix all ingredients except the cinnamon rolls with icing. Separate the dough into rolls, set the icing aside. Cut each roll into quarters add to the pecan mixture tossing gently to coat.

Place the coated dough in the pan. Bake about 45 minutes till deep golden brown. Cool 10 minutes turn upside down on serving platter spread with icing. Serve while warm.

Enjoy!

Obituaries, Birth Announcements, Wedding & Anniversary Announcements are always FREE in the Warren Weekly!

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**ASBURY CHAPEL UNITED METHODIST**  
8013W 1100S - 90, Montpelier  
Phillip Freel Jr, Pastor

Worship ..... 9:30 a.m.  
Sunday School .....10:30 a.m.  
Wed Evening Carry-in & Fellowship .....6:30 p.m.

**BANQUO CHRISTIAN CHURCH**  
8294S 900W 35  
Gary Riley, Pastor

Sunday School .....9:30 a.m.  
Worship ..... 10:30 a.m.  
Youth Choir Practice ..... 5:00 p.m.  
Wed. Bible Study .....6:30 p.m.  
Thurs. Kings Kids .....6:30 p.m.  
BYG Youth Svc. (2&4Sun.) .. 6:00 p.m.  
CWF Ladies (3 Tue) .....6:00 p.m.  
1st Sun. (Qtrly) Praise Hour.. 6:30 p.m.

**BOEHMER UNITED METHODIST**  
Rev. Barry Humble, Pastor  
Jerome Markley, S.S. Supt.

Sunday Worship ..... 9:30a.m.  
Sunday School ..... 10:30a.m.

**CENTRAL CHRISTIAN CHURCH**  
Van Buren, Indiana 765-934-2199  
Pastor - Heath Jones

Youth Leaders - Kelly Jones

Worship .....9:30 a.m.  
Sunday School .....10:40 a.m.  
Adult Bible Study ..... Sun 6:30p.m.  
Youth Group ..... Sun 6:00p.m.

Handicap Accessible  
Little Panther Preschool 765.934.2099

**HEALING WATERS MINISTRY — MAJENICA**  
Pastor Richard Evans  
260/224-3376

Sunday Service .....10:30 a.m.  
Wednesday .....7:00 p.m.

**DILLMAN UNITED BRETHREN**  
8888S 1100W-90, Warren 375-2779  
Dick Case, Pastor

Sun - 1st Worship Service..... 8:15a.m.  
Sunday School.....9:30a.m.  
2nd Worship Service ....10:30a.m.

**HANFIELD UNITED METHODIST**  
101 N 400 E - Marion 765/664-8726  
Timothy Helm, Senior Pastor

1st Worship.....9:00 a.m.  
2nd Worship.....10:30 a.m.

**HERITAGE POINTE**  
Sunday Morning Worship .....9:30 a.m.  
OTHER SERVICES BY ANNOUNCEMENT  
Tues, Thurs, Fri & Sat  
Chapel Services .....9:00 a.m.

**THE NEW BEGINNING**  
SR 218, 2 1/8 mile west of Poneto  
Steve Sutton, Pastor  
765/728-2065 for more info

Sunday Worship.....10:30a.m.  
ThursdayPrayer Meeting ..... 7:00 p.m.

**NEW HOPE MINISTRIES**  
9019 E 300 S - Warren Indiana  
Jim Graham, Pastor  
260/494-6753 260/489-1456  
260/375-4224

Sunday School ..... 9:30am  
Morning Worship ..... 10:30am

**HILLCREST CHURCH OF THE NAZARENE**  
375-2510  
Rev Mark Davis  
Bus Service 375-2510  
[www.hillcrestnazchurch.org](http://www.hillcrestnazchurch.org)

Sunday School .....9:30 a.m.  
Worship .....10:30 a.m.  
Evening Worship.....6:00 p.m.  
Youth Group (Wed.).....6:00 p.m.  
Wed. Midweek Service.....6:30 p.m.

**SOLID ROCK UNITED METHODIST**  
227 N Main St, Warren, IN 375-3873  
Kathy Newton, Pastor

Sunday School .....9:00 a.m.  
Worship Service .....10:00 a.m.

**LANCASTER WESLEYAN**  
468-2411  
Doug Sharrard, Pastor  
David Thrift, S.S. Supt.

Sunday School .....9:30 a.m.  
Worship .....10:30 a.m.  
Wednesday:  
CYC/Teen/Adult Meetings .... 7:00 p.m.

**LIBERTY CENTER BAPTIST CHURCH**  
694-6622  
Pastor Dan Sommer

Sunday School .....9:00 a.m.  
Fellowship ..... 9:55a.m.  
Worship ..... 10:15a.m.  
Wed. Bible Study ..... 7:00 p.m.

**LIBERTY CENTER UNITED METHODIST CHURCH**  
Pastor Devin Cook

Morning Worship .....9:30 a.m.  
Sunday School .....10:45 a.m.

**MCNATT UNITED METHODIST**  
375-4359  
Bill VanHaften, Pastor  
Lois Slusher, Supt.

Coffee Fellowship.....8:30 a.m.  
Worship .....9:15 a.m.  
Sunday School .....10:30 a.m.  
Bible Study - Wed. .... 7:00 p.m.

**MT. ETNA UNITED METHODIST**  
260/468-2148  
Tony Johnson - Pastor

Trad. Worship ..... 9:00 a.m.  
Mdrn Worship ..... 10:30 a.m.  
Fellowship ..... 10:00 a.m.

**MOUNT ETNA WESLEYAN**  
Rev. Charles Dederick, Pastor

Sunday School .....9:30 a.m.  
Worship .....10:30 a.m.  
Sunday Evening .....6:00 p.m.  
Mid-Week (Wed) .....6:00 p.m.

**PLUM TREE UNITED CHURCH OF CHRIST**  
375-2691  
Dr. Jeane Spoor, Pastor

Sunday School .....9:30 a.m.  
Worship .....10:30 a.m.

**SALAMONIE CHURCH OF BRETHREN**  
468-2412  
Mel Zumbrun, Pastor

Worship .....9:30 a.m.  
Church School .....10:45a.m.

**UNITED CHURCH OF CHRIST**  
375-2102  
Pastor Scott Nedberg

Sunday Worship..... 9:30 a.m.  
Junior Church ..... 10:00 a.m.  
Sunday School ..... 10:30 a.m.  
Communion 1st Sunday of the Month

**VB CHURCH OF THE NAZARENE**  
765/934-3321 Parsonage  
Jeff Wass, Pastor

Sunday School ..... 9:30 a.m.  
Adult Worship .....10:30 a.m.  
Children's Church ..... 10:30a.m.  
Evening Praise Hour..... 6:00p.m.  
Hour of Power (Wed) ..... 7:00p.m.

**VB UNITED METHODIST CHURCH**  
765-934-1431  
Pastor Blake J. Neff

Worship Service ..... 9:30 a.m.  
Sunday School ..... 10:30a.m.  
Jr/Sr High FLOCK (Sun)..... 6:00 p.m.  
Prayer-Bible Study (Thur).... 7:00 p.m.  
UMW 2nd Wed ..... 7:00 p.m.  
[www.vanburenumc.org](http://www.vanburenumc.org)

**WARREN CHURCH OF CHRIST**  
375-3022  
Ethan T Stivers, Minister  
Nathan Ratcliff, Youth Minister  
Tara Bower and Melinda Haynes - Secretaries

Shanna Fortney, Bible School Supt.  
[www.warrenchurchofchrist.org](http://www.warrenchurchofchrist.org)

Fellowship .....9:15 a.m.  
Worship & Communion .....9:30 a.m.  
Sunday School .....10:45 a.m.

Youth:  
K-5th grade, Mon ..... 6-7pm  
Jr/Sr Hi, Sunday ..... 6-8pm  
TNT, Thur ..... 6-8pm

**WARREN 1ST BAPTIST CHURCH**  
Corner of N. Wayne & Matilda Sts.  
Rev. Bill Fisher, Pastor of Preaching and Discipleship  
Rev. Robert Bothast, Pastor of Family Life  
Lori Buzzard, S.S. Supt.

Sunday School .....9:00 a.m.  
Sunday Worship .....10:00 a.m.

**WARREN WESLEYAN CHURCH**  
375-2330 6th & Nancy Sts. Warren  
Rev. Allen Laws, Pastor  
Wesley Welch, Supt.

Sunday School .....9:30 a.m.  
Worship .....10:15 a.m.  
Wednesday Prayer Service..7:00p.m.  
[www.warrenwesleyan.com](http://www.warrenwesleyan.com)

**FARRVILLE COMMUNITY CHURCH**  
11044 E 200 N, Marion, IN 765-934-3609  
Pastor - Dan Metz

Sunday Worship..... 10:30 am  
Sunday School Classes .....9:30 am  
Youth Group .....6:00 pm  
Sunday Adult Bible Study..... 6:00 pm  
Thurs. Bible Study .....7:00 pm





## AREA NEWS

### STORYTIMES

The Warren Public Library will begin its Every Other Wednesday Story Time on October 13th. Preschool story time will begin at 1:30 p.m. After school story time for kindergarten through 2nd grade will also begin on October 13th at 4:15 p.m. A small after school snack will be provided. Please enroll your children by visiting or calling the library at 260-375-3450. Library hours are 1:00 p.m. to 6:00 p.m. Monday through Thursday, 10:00 a.m. to 6:00 p.m. on Friday, and 10:00 a.m. to 2:00 p.m. on Saturday. Both story times will be held in the children's area of the Warren Public Library. You may also see programming and upcoming events on our website at [www.warren.lib.in.us](http://www.warren.lib.in.us).

### MARKET REPORT

Just two more weeks before the market closes for the season. It has been a good summer for the market even with the unsavory weather conditions for growing.

Pumpkins are beginning to show up with the late fall squash.

Past couple weeks we have had some nice green beans and also late sweet corn. There may be some for this week market.

Apples are coming in and will have a couple different choices.

Rabbs will not be at the market with the beef any longer this year due to other commitments.

The Van Buren Lions club will have tenderloins and also a new ground tenderloin patty which I have tried and is very good.

The baked goods and jams, jellies and honey along with salsa, apple butter and other

good items.

We'll be there from 8 a.m. till 11 a.m.

### RED CROSS CLASSES

The American Red Cross of Northeast Indiana announces the following Health & Safety classes in Huntington during the month of October.

Adult, Child, and Infant CPR & First Aid - Saturday, Oct. 16 from 8 a.m. to 4 p.m.

Adult, Child, and Infant CPR Review - Tuesday, Oct. 19 from 5:30 p.m. to 9:30 p.m.

First Aid - Monday, Oct. 25 from 5:30 p.m. to 9 p.m.

AED (automated external defibrillator) is offered as an add on at the conclusion of any CPR or first aid class and takes approximately 1-1 1/2 hours to complete.

Other classes also available. Call for complete pricing information.

How to Register for a class

To register for a class, please call 800.513.2599 ext. 240, visit [redcrossofnei.org](http://redcrossofnei.org) or visit the Red Cross at 354 N. Jefferson St. in Huntington or the Red Cross at 1212 E. California Rd. (across from the Memorial Coliseum) in Fort Wayne Monday through Friday from 8 a.m. to 5 p.m. All classes are held at Jefferson St. location in Huntington.

### PULSE AT PIONEER FEST

Look for the Pulse Players at the Pioneer Fest in Huntington where they will be setting up and selling old time photos. This is one of a series of fundraisers set to recoup the losses incurred by the cancellation of the summer production Fiddler on the Roof. Please stop by, put on a costume, get your picture taken and support your home town theatre!

Can't make the Pioneer Fest, but would like to help? Donations may be sent to: Pulse Opera House, P.O. Box 631, Warren, IN 46792. Our supporters and volunteers are the Pulse of the Opera House!

### PULSE AUDITIONS

Auditions for the Christmas production of Miracle on 34th Street at the Pulse Opera House are on Monday, September 27 at 7:30 p.m. in the theatre. There are parts available for 10 men, 10 women and 10 children.

This is a non-musical production, so auditions will consist of readings from the script. Rehearsals are held Monday-Friday evenings from 7:30 - 9:30 p.m. Not everyone is called every night. Performances are on November 12, 13, 18, 19, 20, 26, 27 and December 2, 3 and 4. There will be two days of school performances, so those auditioning should be prepared to take two days off school or work to perform.

Whether you have done a show last month, ten years ago, or never, you are invited to audition at the Pulse. Why not do the show as a family? It's the perfect way to create memories you'll be talking about for years to come!

### SENIOR GOLF

Results from Thursday, Sept. 9th, Senior Scramble at Dogwood Glen. First Place (32) Tony Columbus, Steve Laymon, Jim Slaughter, Tom Smiley. Second Place (33): Charles Harris, Pap Roebuck, Fred

Schweikhardt, Jim Vinson. Closest to the Pin #3 Rex Ziegler, #6 Dave Fleege. Longest Drive #8 Keith Duckwall and John Jones. Thank you to Dr. Deakyne and Warren Service and Supply for sponsoring this week's golf balls.

### SIGMA PHI

Beta Delta Chapter of Sigma Phi Gamma held their Sept 7th meeting at the Knight Bergman Center. Jenny Plummer newly elected President opened the meeting. Secretary Tara Korporal gave minutes of the previous meeting. Claudia Boxell gave a Treasures report of our finances. All other officer and Committee chairman reports were given. The roll call was answered by who was your secret sister for the past year. Suzette Gephart passed out new secret sister names for the coming year. Sandy Eichhorn announced that we have accumulated 323 service hours so far.

Next month we will be bringing items for the Bread of Life Food Pantry. The director will let us know from time to time as to what is needed by the pantry.

We will be holding a drawing in December for a Longenberger Christmas Basket filled with goodies. The profit from this drawing will help fund our holiday giving to the needy of the community.

Rosemary Zeller thanked the chapter for the remembrance items she received for being a 50 year member of Sigma Phi Gamma.

We will be holding our Sunday Buffets at the Knight Bergman Center in March and April of

2011.

We were dismissed by the Chaplin.

Those in attendance were Claudia Boxell, Suzette Gephart, Tara Korporal, Jenny Plummer, Kathy Ralston, Susan Ralston, Sandy Booher, Opal Brubaker, Sandy Eichhorn, Sharon Gebhart, Carol Irick, Beth Ostermeyer, Betty Yoder and Rosemary Zeller.

Our next meeting will be Oct 5th at 7:30.

### TELEMEDICINE BRINGS

#### IMMEDIATE RELIEF

By - James McMann  
Dora Johnson calls upon her neighbor or daughter whenever she needs to visit a Doctor. She suffers from high blood pressure and arthritis has wracked her legs into two misshapen appendages, which can no longer support her weight without experiencing excruciating pain. "It's not so much the pain anymore," explains Dora, "that is a constant. It is the embarrassment I feel when bothering other people just to get me to the doctor. After a while you just forgo the frequent doctor visits and do the best you can."

When Dora does get her ride, she travels for thirty-five minutes to the county general hospital where she waits for two-three hours to see a physician. "All they ever do is take my blood pressure and send me home," said Dora. It seems that "they" also check her prescriptions.

Dora and her friendly neighbor drove 50 miles and spent over four hours just to have her blood pressure checked. In addition to their expenses, the hospital billed some payor \$450 - \$600, inclusive of the hospital facility charges, for Dora's visit.

This failing model of providing care is the standard in the USA today.

Dora is now a patient of US Tele-Medicine. The Beverly Hills based operation provides care in eight states and furnishes patients with wireless remote devices that can check blood pressure, pulse, temperature and other vital signs. This data is then sent to the US Tele-Medicine EMR platform, which is accessible to Dora, her primary physician and the

**CONTINUED PAGE 4**

## Community Calendar

Items listed here are open to the public. If there is an admission charge or items are for sale or a donation is necessary, there is a one-time \$5 fee to be listed. Events can be listed for as long as 6 months. (If an event is cancelled, please notify WW.) Only event, place, time, and sponsor, for events in Warren, and the surrounding area will be listed.

Sep 15 Van Buren Town Council, 7 p.m.  
Sep 20 KBC Board Meeting, 5:30 p.m. at KBC  
Sep 21-25 Bluffton Free Street Fair  
Sep 23 Autumn Begins  
Oct 2 Mt Zion Fish Fry, 4:30 - 7:30 p.m.  
Oct 6 Warren Chamber of Commerce, noon, Assembly Hall  
Oct 6 Van Buren Town Council, 7 p.m.  
Oct 11 Columbus Day  
Oct 11 Warren Town Council, 6:30 p.m., Assembly Hall  
Bread of Life Food Pantry - Wed 2 - 4:00pm & 6 - 8:00p.m. at KBC  
Bargain Basement - Friday & Saturday 9 - 4 at KBC  
Cancer Support Group - 3rd Tuesday 6:30-8p.m. at Bluffton Regional South Campus



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## AREA NEWS CONTINUED

### MORE PAEG 3

doctors at US Tele-Medicine.

"Why didn't my insurance company or doctor suggest telemedicine for me?" asked Dora, "they know I have trouble getting around. Now I check my blood pressure whenever I need or when the telemedicine doctors tell me and I do it without bothering anyone or leaving the house."

The convenience factor aside, US Tele-Medicine billed her payor about \$200 for the telemedicine visit, the remote devices, and the support she receives on line 24/7. The difference is staggering. Dora's insurance company saved about \$250 - \$400, Dora saved her neighborly relations, the pain she felt when moving in and out of a vehicle, she saved on gas money, and the four hours of time it once took, all to get her blood pressure checked.

Dora is just one of the thousands of patients enjoying the benefits of telemedicine in the USA. While still at an early stage of mass e-care, telemedicine and especially US Tele-Medicine have made great strides in remote sensing of vital information and the application of medical practices using the telephone, email and the Internet.

"Our focus is on a specific patient demographic," said Gideon Illumin, Director of Business Affairs for US Tele-Medicine. "The US Tele-Medicine business model operates at its most favorable condition when dealing with patients who are functional human beings, but suffer from some sort of chronic condition such as diabetes, obesity, allergies, even depression and require constant medical oversight."

Illumin continued, "These people lead full lives and the prospect of taking a day off of work or school to see a doctor is truly bothersome, leads to unnecessary absenteeism and is simply just expensive for everyone concerned: the employer, the patient and the payor. Telemedicine removes the majority of the expense, the bother, and the time needed for these people to receive the care they require. If you are talking about rural America, then the difference, the savings and the benefits of Telemedicine are even more dramatic."

Federal departments such as Commerce, Agriculture, Defense, and of course the HHS are funding telemedicine initiatives throughout the country. Most are smaller test

groups or pilot ventures.

"Pilot programs now are a waste of time and indicative of the continued failed health care institutional thinking," says Illumin, "There have been countless of pilot studies for the past ten years worldwide, and all of them show the same conclusive results; patients become healthier, there is a marked decrease of hospitalization, costs for all concerned are reduced, and more patients receive more health care, than with any other model."

Illumin went on to say that the reason Telemedicine is slow to progress and find acceptance nationwide is medical communities themselves. Each individual institution needs original empirical data that is found acceptable by a group of doctors, while disregarding other studies not done by that institution, is slowing the acceptance of the Telemedicine process. Illumin asked, "How often do you have to re-invent the wheel?"

Health insurers seem to be on the forefront of telemedicine, more so than the medical community. Anthem Blue Cross has published guidelines for Telemedicine Providers in their network. United healthcare is offering its services to Delta Airline employees, Blue Shield is offering Telemedicine services to its patients in the San Francisco bay area, and many others are launching this new product.

There are tens of millions of Dora Johnsons suffering chronic pain and individuals afflicted with conditions that allow them to function, but never live optimally. Right now these people are a drain on themselves, emotionally, spiritually and financially, a drain on payors who are shelling out excess dollars for their primary care, and on the system itself, that lacks the presence of family and managed care physicians for this population. From all indications, the people with life-long medical conditions clog the medical structure, they disproportionately increase costs and never truly seem to obtain the level of care and support required to achieve wellness.

Tele-Medicine corrects these issues, lowers costs and provides immediate,

personalized, refined and definitive health care to each person.

"My life is better, no question about that. I also feel safer and more cared for sitting in my house, than I ever did at any doctors' office anywhere and the neighbors aren't afraid to pick up my calls now." Dora shares this sentiment with the thousands of US Tele-Medicine patients who are reaching higher levels of wellness and care, without the added bother or expense of visiting a doctor's office.

Any patient may join by logging on to [www.epatienthealthcare.com](http://www.epatienthealthcare.com) and clicking the "Join Now" tab found on that website. US Tele-Medicine is a leader in national telemedicine care, founded in 2005, in network with the major carriers and serving patients throughout the United States.

### SWINE BOOSTERS

The Huntington County Swine Boosters will meet on Thursday, September 16 at 7:00 pm in the Family Living Building at Hier's Park. The discussion items are: election of officers, selection of 2011 judge, proposed changes to swine project in 4-H Fair book, review of fair/pork chop tent, and other old/new business. Note that anyone with a nomination for a 2011 4-H swine project judge should submit a short biography to the Executive Committee prior to the Sept. 16 meeting. For more information, contact Purdue Extension - Huntington County Office, 354 N Jefferson - Suite 202, Huntington by calling 260-358-4826.

### CATTLEMEN TO MEET

The Huntington County Cattlemen will meet on Saturday September 18 at 6:00 p.m. at the home of Brian Spice - 6284 N 200 W Huntington. Topics for discussion include: proposed changes to beef project in the 4-H Fair book; judge selection for 2011 Preview Show, 2011 4-H Fair Beef Show, and 2011 4-H Fair Starter Calf Show; and a review of the food tent at the 2010 4-H Fair.

A meal will be provided by the cattlemen including beef bratwurst and ribeye sandwiches. Seating will be limited, so those attending are asked to bring a chair. RSVP by calling Brian Spice at 260-355-

0249 or by calling the Extension office.

For more information, contact Purdue Extension - Huntington County Office, 354 N Jefferson - Suite 202, Huntington or call 260-358-4826.

### SHEEP PRODUCERS

The Huntington County Sheep Producers will meet on Wednesday September 22 at 7:00 pm in the Huntington Co. Courthouse Annex Conference Room to discuss items related to the 4-H sheep project. Topics for discussion include possible rule changes for the 2011 4-H Fair as well as potential improvements to the Rusk Building (sheep barn). All 4-H sheep members and interested producers are asked to attend this meeting.

For more information, contact Purdue Extension - Huntington County Office, 354 N Jefferson - Suite 202, Huntington or call 260-358-4826.

### FORT 4 FITNESS

Huntington University's senior nursing major students will partake in the festivities at the 3rd annual Fort 4 Fitness event Sept. 24-25. These HU students will join several other health organizations during the health festival offer tips and advice to the Fort Wayne area on how to live a healthier lifestyle.

Brochures, posters, pamphlets and one-on-one discussions will be provided by the students to educate the estimated 7,500 people expected to attend the event about the risks of heart disease and important facts concerning nutrition and the importance of exercise.

Fort 4 Fitness is to take place at the Fort Wayne TinCaps stadium, Parkview Field, in Fort Wayne, Ind.

### HOMESCHOOL PHYS. ED.

Huntington University's Department of Physical Education is offering a physical education program for children in grades K-5 this fall.

The department will have nine sessions from September to December. Class time is from 2:15 to 3:05 p.m. in the field house of the university's Merillat Complex for Physical Education and Recreation. The dates for the sessions are Sept.

**NEXT PAGE**

**TICKETS**

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**September 18**  
**10 AM-1 PM**

**Warren Church of Christ**  
**Parking Lot**

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Elephant Ears  
Face Painting  
PLINKO  
PIE in the FACE  
Dunk Tank  
Bounce House  
Snow Cones  
Lunch



## AREA NEWS CONT.

30, Oct. 7, Oct. 14, Oct. 21, Oct. 28, Nov. 4, Nov. 18, Dec. 2 and Dec. 9.

This service is available to all area homeschooled children in elementary grades, including students from Huntington and surrounding counties. Families who have not previously been involved in the program are asked to come a few minutes early on Sept. 30 to complete the registration forms.

The class is free to all participants.

Huntington University students conducting the elementary physical education class are either physical education majors or elementary education majors. Curriculum development and supervision of the classes are provided by Dr. Jody Davenport, instructor of physical education.

For more information, contact Davenport at [jdavenport@huntington.edu](mailto:jdavenport@huntington.edu) or (260) 359-4214.

### FARRVILLE HOMECOMING

Farrville Community Church, 11044 E 200 N, Marion, will celebrate their Homecoming Sunday October 3, with a concert by featured musicians: Nathan Metz, Katie Nelson & Scott Troyer leading the worship and performing their music at 10:30 AM.

Carry-in dinner will follow in the fellowship hall.

Sunday School at 9:30. Call 765-934-3609 for more information & directions.

### PREVENT H1N1

Fall is approaching and winter is just around the corner. Hoosiers are being urged to take preventative steps to prepare for the cold weather, when respiratory diseases will be circulating the most.

"September is National Preparedness Month, and it is a good time to think about preparing for the coming cold weather by taking steps to

prevent respiratory diseases," said State Health Commissioner Gregory N. Larkin, M.D.

State health officials are identifying two respiratory illnesses as being of particular concern: influenza (flu) and pertussis (whooping cough). The 2010-2011 flu season is approaching, and the 2009 H1N1 flu virus is expected to be circulating.

In addition, the Indiana State Department of Health is reporting a rise in pertussis cases in the state, with 368 to date (compared to 392 in 2009).

"Although the 2009 H1N1 flu virus mostly caused mild disease during the 2009-2010 flu pandemic, influenza is unpredictable," said Dr. Larkin. "The current seasonal flu vaccine protects against it and two other flu strains. The best way to ensure a mild flu season is to get vaccinated."

Unlike influenza, which is caused by viruses, pertussis is a contagious illness caused by bacteria. People of all ages can develop pertussis, but the disease tends to be more severe in infants. Adults with milder, undiagnosed symptoms can transmit the disease to infants and children. Pertussis is usually spread by contact with an infected person's nose or throat secretions.

"Despite their differences, one important thing influenza and pertussis have in common is there are safe, effective vaccines for each," said Dr. Larkin. "We urge parents get their children aged 6 months to 18 years vaccinated with the seasonal flu vaccine and to ensure their children are up to date on their diphtheria, tetanus, and pertussis (DTaP) series."

Dr. Larkin says adults should also get the seasonal flu vaccine each year and get the Tdap (tetanus, diphtheria, and pertussis) vaccine as a replacement for the every-10-year tetanus booster recommended for adults.

CONTINUED PAGE 6

## WARREN MARKET



### OPEN 7 DAYS A WEEK

## GENEALOGY REPORT

### RIGGERS

Gary J. Riggers, 63 of Warren, passed away at 7:25 a.m. on Thursday, September 9, 2010 at his residence.

He was a 1965 graduate of Huntington High School. After high school he worked at International Harvester for 18 years. He later worked at DANA Corporation as a Global Director; he retired in December of 2008 after 27 years of service. He was a member of the St. Peter Lutheran Church where he served on the Board of Trustees. He was a past Commander at VFW Post 2689 in Huntington, past 5th District Commander and past State Junior Vice Commander.

He was born on November 24, 1946 in Huntington County, the son of John H. and Frieda B. (Bailey) Riggers.

He was united in marriage to Jacquelyn Crawford on July 2, 1983 in Huntington. His wife survives.

Additional survivors include four sons: Tim (Kim) Gray of Huntington; John (Mandy) Riggers of Raleigh, NC; Ryan (Babette) Rakoczy of Huntington; Gary (Amy) Riggers of Huntington; a daughter: April Strle of Huntington; two sisters: Janet Brown of Huntington; Judy Short of Huntington and fifteen grandchildren: Tanika Gray, Emiley Gray, Hannah Gray, Andy Spahr, Zackory Rakoczy, Levi Newsome, Briar Strle, Devan Wallace, Lydia Riggers, Lucas Riggers, Sophie Riggers, Dylan Riggers, Tristan Riggers, Madison Riggers and Matthew Bousquet.

Services were held on Monday, September 13, 2010 at the

Myers Funeral Home Huntington Chapel with Dr. Richard Lofgren officiating.

Memorials are to St. Peter Lutheran Church Build-Up-In-Christ Fund in care of Myers Funeral Home, 2901 Guilford Street, Huntington, IN 46750.

Interment will take place at a later date.

### HEASTON



Richard D. Heaston, 73, of Huntington, IN, Rural Lancaster Township, passed away at 10:59 PM, on Saturday, September 11, 2010 at his residence.

He was born on Thursday, May 20, 1937, in Lancaster Township. He was the son of the late Paul Heaston and the late Marjorie (Ellis) Heaston. Richard married Janet Sue (Day) Heaston on July 6, 1957 in Huntington at the Congregational Christian Church.

Mr. Heaston was a graduate of the Lancaster High School Class of 55. He was a Farmer and also had the Heaston Construction Company. Mr. Heaston was a 53 year member of the Salamonie Church of the Brethren. He was the Adult Sunday School Superintendent

for 20 plus years and served on several Committees in the Church.

Survivors include: Wife-Janet Sue (Day) Heaston of Huntington, Ind. Daughter-Lori (Jeff) Reed of Huntington, Ind. Son-Steve (Julie) Heaston of Huntington, Ind. Grandson-Joshua (Andrea) Reed of Huntington, Ind. Grandson-Jeremy (Danielle) Reed of Bluffton, Ind. Grandson-Kraigh Reed of Huntington, Ind. Granddaughter-Kara Reed of Oklahoma, Granddaughter-Jenna Heaston of Huntington, Ind. Grandson-Garrett Heaston of Huntington, Ind. And four Great Grandchildren-Kennedy, Cadence, Tyler and Kierstyn Reed. Sister-Carolyn (Paul Junior) Weaver of Lanark, Ill.

He was preceded in Death by his Mother-Marjorie L. (Ellis) Heaston and Father-Paul J. Heaston.

Funeral services were held at the Salamonie Church Of The Brethren Wednesday, Sept 15, 2010 with the Pastor Mel Zumbun officiating. Interment was at Lancaster Cemetery in Huntington, Ind. Glancy -H Brown Funeral Home handled the arrangements.

Memorials to: Huntington Cancer Society, Huntington Hospice and Salamonie Church of the Brethren.

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Fellowship

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## AREA NEWS CONTINUED

### MORE PAGE 5

There are some additional steps people can take to prevent the spread of respiratory diseases, including influenza and pertussis:

\* Clean - properly wash your hands frequently,

\* Cover - cover your cough and sneeze, and

\* Contain - contain your germs by staying home (or keep children at home from school) if sick.

"It's important to prepare for flu season by planning in advance to take care of yourself or a family member if they become ill," says IDHS Executive Director Joe Wainscott. "For instance, know how administrators will get a hold of you if your child becomes ill at school, and make sure you understand your work place policies on working from home if you need to care for an ill family member. Making these plans now can help alleviate stress during an illness."

For updates on this and other public health issues, follow the Indiana State Department of Health on Twitter at: [www.twitter.com/INPublicHealth](http://www.twitter.com/INPublicHealth), or go online for more info at: [www.statehealth.IN.gov](http://www.statehealth.IN.gov).

### LONELINESS...

#### THE WEEPING PLACE

by V. Neil Wyrick  
Being alone is not always a bad thing. Some people chose to be alone and if you are one of those who fits this mold, accept it rather than beat yourself up because you feel you should want to have people around all the time.

There is no end to the causes of loneliness but there are solutions. And one of these is to just practice common decency, one to the other. It is a vibrant antidote. Years of counseling have had me hear more often than I would like to count both husband and wives lamenting, "I start to tell my

story and am interrupted before I'm even half way through." It's very lonely to be ignored.

We all need each other, but we need each other at our best. We need to be neighbors in truth and brothers and sisters in honesty. I need to know I have some place in your thoughts that is something more than casual. Simply put, where love is there is a vaccination against the disease called loneliness.

When you were young did you ever cry out, "Leave me alone." What did you mean? You wanted privacy? Yes. You wanted to be alone permanently? Hardly. What we are talking about is the difference between loneliness and solitude.

Reading a book in quietness beneath a summer tree is solitude. Knowing no one in a crowd in a far away city is loneliness. We choose solitude. Loneliness chooses us. Solitude? Solitude can be such a friend for it can help you to get to know yourself better.

Part of handling loneliness is becoming the kind of person you are happy with and from time to time want to be alone with. Say "Thank you" and "Please." Smile more than you frown. Compliment rather than complain. You will make more friends and in the process be a better friend to yourself.

Sometimes it is not how many friends we have, nor how many names we can drop but rather our relationship with the great family of humanity. Joining a club or a group with a like hobby really does make good sense and a better life.

One solution is to accept whatever in your life you do not like but cannot be changed. Frustration produces its own kind of loneliness.

Would you be less lonely and make it less for others? Then care about the loneliness of someone else. Allow someone of a different political persuasion to exist without

animosity from you. Bury your prejudices. Allow someone to be bright or stupid without your meeting them with derision.

Be kind not cruel for loneliness is fed or flees by how you daily act.

### MANAGING GRASS WEEDS

There's been a lot of talk about crabgrass growing in lawns this summer. Comments from people are similar to those television ads from attorneys seeking clients in need of lump sum payments - "I want my money and I need it now!" They see the crabgrass taking over their property and they want an immediate solution to kill it.

Well, unfortunately, there isn't an easy fix to a solving a grassy weed problem such as crabgrass late in summer. A combination of good fertilization, herbicide application, and mowing management practices are necessary to achieve control.

Identifying the grass weed that you are battling is the first step. Some grass weeds are annuals, whereas others are perennials. Many perennial grasses will appear in early spring as established green grasses. A good example of an early spring appearing perennial is tall fescue. In contrast nimblewill and zoysiagrass are perennial grasses that show up in late summer.

Annual grasses like crabgrass will die at the time of a killing frost. It is not recommended to apply herbicides to control crabgrass after July 15. Rather Extension specialists suggest that a pre-emergence herbicide applied in mid-March is the best practice in the spring before germination of the crabgrass seed.

Fertilization timing is also important. Fall application of nitrogen has been shown to be most effective in promoting a dense, healthy turf. This will in

turn help to prevent crabgrass from establishing. If a spring application of a "weed and feed" product is used, experts say to look for products with a slow release form of nitrogen as compared to a quick release form such as urea.

Other practices to improve lawns include watering lawns deeper (but infrequently) and mowing grass at a height of 2.5 to 3.0 inches. Lawns which are scalped and lightly watered every day encourage grass weeds to grow.

University of Illinois Extension experts mention that late August /early September is a good time of the year to reseed your lawn. They also note that grass weeds can sometimes be pulled by hand in problem areas of your lawn because some like quackgrass have rhizomes or stolons that grow underground and can grow rapidly. Per an article found on the University of Illinois website ([http://urbanext.illinois.edu/lawn/talk/perennial\\_grassy\\_weeds\\_in\\_lawns.cfm](http://urbanext.illinois.edu/lawn/talk/perennial_grassy_weeds_in_lawns.cfm)), care should be taken in using non-selective herbicides such as glyphosate (sold under the trade name of Roundup) because the best time to control perennial grass weeds is prior to mid-August. It may also take two weeks to see if the grass has been killed or not. Folks also should remember that products containing glyphosate can kill plants such as trees and shrubs that are in the vicinity of a weedy area.

A good resource from Purdue Extension for learning more about controlling crabgrass in your lawn is publication # AY-10-W. It can be found at this Web site: <http://www.agry.purdue.edu/turf/pubs/AY-10.pdf>.

For more information, contact

Ed Farris, Agriculture and Natural Resource Educator, Purdue Extension - Huntington County Office, 354 N Jefferson - Suite 202, Huntington by calling 260-358-4826.

### TWO MINUTE MIRACLE

by The FlyLady,  
Marla Cilley

What is it about two minutes? When we were told we had to do a two minute speech it seemed too long. When we stand in front of a microwave waiting impatiently for something to heat up it seems like it is taking forever. When I tell someone to do just two minutes, I get that look of "What good is that going to do?" Well let me tell you two minutes can accomplish more than you can ever dream if you will just quit whining about what it won't do and show yourself what it can do!

This week we are taking the Two Minute Miracle Challenge! I am calling it a Miracle because you are going to be surprised by the results of just those two minutes. We refuse to believe that two minutes can make a dent in anything we need to accomplish! This is our perfectionism stopping us from even getting started.

Perfectionism is the root of procrastination. We tell ourselves that we don't have

**CONTINUED PAGE 8**



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THE DEVIL (PG-13) 11:15, 1:10, 3:10, 5:10, 7:10, 9:10 FRI/SAT LS 11:10  
THE TOWN (R)  
11:00, 1:40, 4:20, 7:00, 9:40  
ALPHA AND OMEGA (PG)  
12:10, 2:15, 4:25, 6:45, 9:00 FRI/SAT LS 11:05  
THE SWITCH (PG-13) 2:20, 4:40, 7:05  
GOING THE DISTANCE (R)  
6:55, 9:15 FRI/SAT LS 11:40  
THE LAST EXORCISM (PG-13)  
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12 13 14 15 16 17 18



## AREA NEWS CONTINUED

### MORE PAGE 6

time. The funny thing is that we don't finish the sentence to say what we have been told our whole lives. The words should say, I don't have time to do it RIGHT!

Since the day we were born we had these words drilled into our heads, "If you can't do it right don't do it at all!" We learned this part well! We still hear these words in our head. As children we were forced to do things over and over again. No one was ever really proud of what we did after all we were only kids. Our parent's expectations were not realistic. We were told to go clean our rooms instead of giving us baby step instructions. We were expected to know what "Clean our rooms" meant. Yet there was no example of what that was, because our parents room was not clean either.

If as children we had been told we were going to play the Two Minute Game, we would have been so excited! It's a two minute sprint to see what we can do and not a marathon that we would be doomed in the end, to repeat. Two minutes is not the end of the world. It is a focus on one thing; go pick up your dirty clothes.

Several years ago I received a testimonial from a FlyBaby who was unable to stand for fifteen minutes. She told herself that she could do two minutes. Those two minutes surprised her. They were the beginning of her journey. Ever hour she would stand for two minutes and shine her sink. As she gained her strength that shiny sink radiated around her kitchen! Two minutes at a time. Eventually she was setting her timer and getting up every fifteen minutes to do only two minutes. See what you can do when you are not overwhelmed!

Two Minutes is the beginning of a lovely way to FLY! Two minutes is doable even if you are pressed for time. When you hear yourself say, "I don't have time!" That is when you set your timer for just two minutes!

Come FLY with me! Two Minutes are there for you too. You can create a miracle in your life, just set your timer and see what Two Minutes can DO!!

For more help getting rid of your CHAOS, check out her website and join her free mentoring group at

[www.FlyLady.net](http://www.FlyLady.net) or her book, Sink Reflections published by Random House and her New York Times Best Selling book, Body Clutter published by Simon and Schuster. Copyright 2010 Marla Cilley Used by permission in this publication.

### Ask SHIP

Q: I'm planning my budget for 2011. How much will my Medicare prescription drug costs change?

A: The average 2011 Medicare prescription drug plan premiums will remain similar to rates beneficiaries are paying in 2010.

A very low rise in premiums as well as discounts on brand name drugs because of the Affordable Care Act should help make medications more affordable for Medicare beneficiaries in 2011. There will also be coverage of generics in the donut hole.

The benchmark Low-Income Premium Subsidy Amounts for Indiana is \$36.44 for 2011. An increase of \$.69 from 2010. This is the maximum monthly premium that will be paid by CMS for persons qualifying for "Extra Help."

If a person receiving the low income subsidy (LIS) enrolls in a Medicare Part D plan which has a premium higher than the amount listed above, the beneficiary is responsible for paying the difference in premium.

Premiums paid by Part D enrollees cover about 25% of the cost of basic Part D coverage. Enrollees with limited incomes may qualify for the low-income subsidy (LIS), or "Extra Help". This subsidy usually covers some or all of the beneficiary's premium, deductible, copayments, and the cost of drugs in the coverage gap.

To apply for Low Income Subsidy, go to [www.ssa.gov](http://www.ssa.gov), visit your local Social Security Office, or contact SHIP at 1-800-452-4800.

Currently, more than 10 million Medicare beneficiaries are receiving LIS benefits. In 2011, the average value of the subsidy amount applied to the Part D benefit, premium, and cost-sharing for those enrolled in the LIS program is estimated to be about \$4,000.

If you would like more information about Medicare, Medicaid, or health insurance, call SHIP for help at 1-800-452-4800, TTY 1-866-846-0139 or online at [www.medicare.in.gov](http://www.medicare.in.gov).

### MORE BLITHE SPIRIT

Blithe Spirit runs September 17, 18, 23, 24, 25, 30 and October 1, 2. Tickets are available at 7:00 p.m. in the lobby. Doors to the theatre open at 7:30 p.m. Tickets are \$12 for general admission and \$5 for children 12 and under. Those bringing a non-perishable item for the Food Pantry will receive \$2 off their ticket. (One item per ticket. Good for adult tickets only. Not good with any other offer.) Online reservations can be made at [www.pulseoperahouse.org](http://www.pulseoperahouse.org) or phone reservations can be made at (260) 375-7017. This show is rated PG for mild language.

### MORE PAGE 1

Thanksgiving Collage, Sunday, November 14<sup>th</sup> 1p.m. – 5p.m.; Thanksgiving Collage, Monday, November 15<sup>th</sup> 10a.m. – 2p.m.; Holiday Ornaments, Wednesday, Dec. 1<sup>st</sup> 10a.m. – 2p.m.; Holiday Ornaments, Thursday, Dec. 2<sup>nd</sup> 5p.m. – 9p.m.

ABOUT THE ARTISTS:

RUTH SWANSON.....

(pictured left) artist and owner: specializes in abstract and multi-media collage, as well as decorative interior painting and abstract applications combined with embellishment techniques resulting in a unique body of finely crafted ideas in art for home or wearable art. She creates in an imaginative, innovative manner full of color and whimsy.

CAROLE HOLMES-GORDON.....(pictured right) assisting Ruth with workshop presentations. She is an award winning artist designing fabric and multi-media collage. Her works are contemporary in nature and illustrates with emotion of universal truth. She has given workshops for several years and enjoys the therapeutic process of exploration and discovery through art.

The Ruth and Carole team have 23 years experience of working together in various media, and look forward to sharing their ideas in the upcoming Art Parties at the Courtyard Studio.

Ruth can be reached at 260/750-1798.



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## TOOTH TIPS

By: Dr. Kevin J DeaKyne DDS, PC  
BORN TO SMILE

Did you know that while dental disease (cavities) in most demographic groups is on the decrease, cavities among children less than 5 yrs old is on the rise? 28% of our children will experience dental decay by the time they are 3 yrs of age and over 50% will have dental decay by the time they enter Kindergarten.

In 2008, the Indiana Dental Assoc. began funding for Born to Smile. Now the program has been expanded statewide. The Born to Smile program recognizes that with all issue facing parents of a newborn, worrying about a baby's teeth is often low on the priority list.

The IDA, ADA and AAPD recommend the first dental visit take place within six months of the eruption of the baby's first tooth or by age one.

#### Facts for Parents

1. Kids predisposition towards tooth decay starts by 1 yr of age.
2. Kids acquire some bacteria associated with cavities from their mother or caregivers.
3. Increased dental disease in Mom equals a greater chance that dental disease will be passed to the child.
4. ELC - Early Childhood Caries - This is a biofilm induced acid demineralization of enamel (beginning cavity). It follows a distinctive pattern beginning with white lines lesions near gums of upper front teeth. Without intervention, the condition progresses to where the cavities need filled and if not treated within months can produce oral and facial infections. <sup>(1)</sup>

Dr Kevin J DeaKyne DDS, PC located at 470 Bennett Dr Suite A Warren, invites Mothers (caregivers) to bring their infant in for a Caries risk assessment and discussion about their child's dental health. Call us at 260-375-2626 or 800-236-0891

<sup>(1)</sup> JIDA Summer 2010

**Compliments of Dr. Kevin J. DeaKyne DDS, PC**  
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